

# FREE Anti-Bullying Campaigns



By **Teens Against Bullying (TAB)**'s professional Youth Advocates & trained teen Peer Leaders

A program of **Family Resource Center South Atlantic**  
"Serving Families, Changing Communities"

## Why us?

- Teen-led program, for NC youth aged 6-18
- Cyberbullying increased 70% during COVID
- Interactive campaign, approx. 1 hour
- Flexible scheduling, safe on Zoom
- Learn about bullying, empathy, advocacy, etc.
- Reduce aggressive retaliation & self-harm
- Participating youth can apply to be a Peer Leader & gain extracurricular experience

Email [tab@frcsa.org](mailto:tab@frcsa.org) or call 919-740-9405

<https://frcsa.org/teens-against-bullyingv2/>

## We have presented at

- Ruth's Promises 4 Youth
- Kidpower
- LGBT Center of Raleigh
- Boys & Girls Clubs
- And more!

Funded by NC Governor's Crime Commission

