

Exploring North Carolina



Girl Scouts - North Carolina Coastal Pines
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For: Girl Scout Brownies, Juniors, Cadettes, Seniors, and Ambassadors

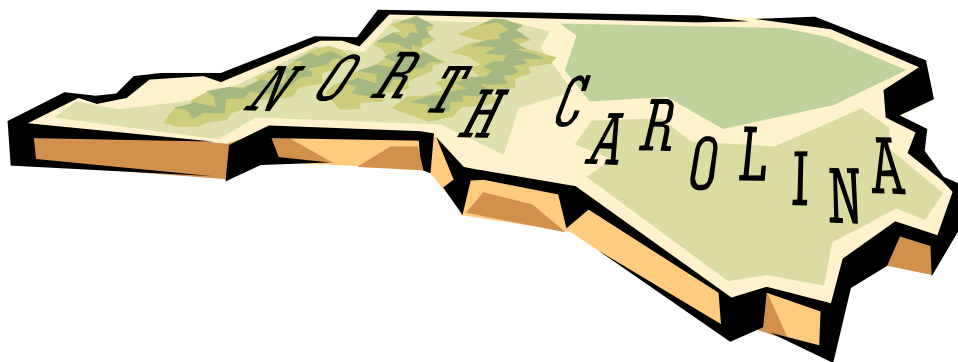
Purpose: By completing this patch program, Girl Scouts will gain a better understanding of the different regions in Eastern North Carolina and all they have to offer.

Requirements: Girl Scout Brownies do two activities from each region and visit one historical site from any region.

Girl Scout Juniors do three activities from each region and visit one historical site from any region.

Girl Scout Cadettes, Seniors, and Ambassadors do four activities from each region and visit at least one historical site from any region.

Part Two: Girl Scout Daisies/Brownies complete one of the activities. Girl Scout Juniors complete two. Girl Scout Cadettes, Seniors, and Ambassadors complete three activities.

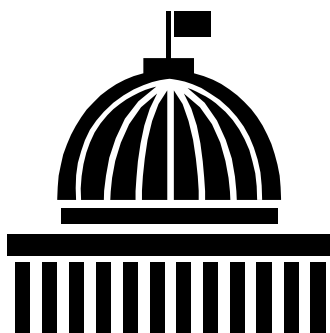


Activities

Coastal Plains Region

1. Visit a Site: Plan a trip to either the Lost Colony play, the Wright Brothers National Memorial, or to the Hope Plantation.
2. Learn the Law: Look at a map of North Carolina. What are the coastal counties? Where are the Coastal Management Offices located? Name 4 coastal wetland plants. What is one special law in place to protect the coastal area?
3. Lighthouses: Learn about the history of lighthouses. Plan a trip to one of the NC Lighthouses.
4. Animals: Learn about the different sea animals on the North Carolina coast.
5. Field Trip: Plan a trip to the North Carolina Aquarium or to the Battleship North Carolina. Write a letter to the place you intend to visit for information.
 - a. How many public beach access signs did you count on your way to your field trip?
 - b. What did the ocean/beach level look like when you were there?
 - c. Draw pictures of the plants and/or wildlife at the coast and compare them to the plants and wildlife around your home. How are they different?
 - d. Why do you think people have to be evacuated from some coastal areas during a hurricane?

Piedmont Region



1. **Visit Raleigh:** Plan a trip to Raleigh.
 - a. Go to the Capital, Yates Mill Park, Umstead State Park, or NC State University.
 - b. Visit either the NC Museum of History (free) OR the NC Museum of Art (free). Visit Marble Kids Museum or the NC Science Museum.
 - c. Write a letter to the State Capital asking what it takes to become a state representative.
 - d. Visit the State Farmers Market
2. **Visit Durham:** Plan a trip to Durham.
 - a. Visit the American Tobacco Campus, Duke University Campus or North Carolina Central University Campus.
 - b. Visit Bennett Place State Historic Site, Duke Homestead State Historic Site and Tobacco Museum, or Historic Stagville.
 - c. Visit the Nasher Museum of Art, NC Central University Art Museum, or Golden Belt.
 - d. Be Active: Durham is an ideal destination to be active. Visit Durham Central Park Skatepark, Wheels Fun Park, DPR Ropes Course, or take in a Durham Bulls Baseball Game.
 - e. Visit the Durham Farmers Market, have a Farm-to-Table Lunch, or visit Elodie Farms.

Coastal Plains Region

1. **Visit Fayetteville:** Plan a trip to Fayetteville.
 - a. Go to the Poe House, Atlantic Coastline Railroad Museum, Freedom Memorial Park or Fayetteville State University.
 - b. Visit the famous landmarks in the area, there are over 100.
 - c. **Be Active:** Fayetteville is an ideal destination to be active. Take a walk on the All American Trail or take in a Fayetteville Swampdogs Baseball Game.
 - d. **Native Inhabitants:** Discover the history of southeastern NC from Native American times to present day at the Museum of the Cape Fear Historical Complex. Find out where reservations are, how many are left today, and some of their traditions and customs. Also, find out some things on their background (where they came from, etc.).

PART TWO

Girl Scout Brownies complete one of the following activities. Girl Scout Juniors complete two. Girl Scout Cadettes, Seniors, and Ambassadors complete three activities in part three.

1. Send a postcard from one region to a friend, your leader, or your family.
2. Draw pictures of the things you saw at one region. You could display them on your bulletin board, at your house, or at your meeting place.
3. Take photos while you are on your trip. Try to capture an image of something you learned about. Make a photo album of your trip photos.
4. Create a scrapbook of photos and other things from your visit. Where did you go? What did you see? Share your scrapbook with your troop or better yet make it together.
5. Make a bulletin board about North Carolina and display it where your troop meets or at your school (a great troop activity).
6. Your troop could have an 'Explore North Carolina' art show and invite your parents or other troops to see it. You could display your art at your school or at a library.