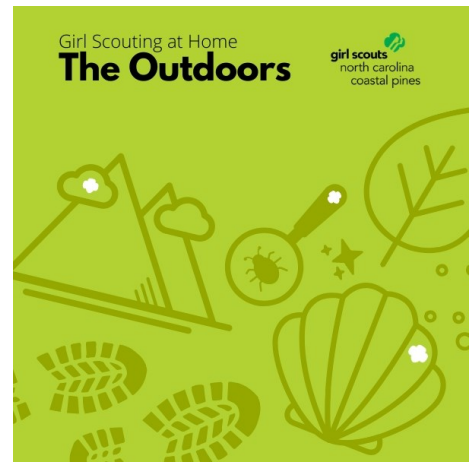


Girl Scouts North Carolina Coastal Pines invites girls, families, and volunteers to stay involved while at home. We know that today's girl is ready to pivot on a moment's notice and is willing to embrace new ways to explore Girl Scouting. That's why we're promoting these options for engaging with us while you're at home today ... or any day!

THE OUTDOORS encourages Girl Scouts to nourish their love of the great outdoors and their connection with nature. Each Thursday, join us to explore and celebrate the beautiful world around us, while developing a lifelong appreciation for nature and the out-of-doors. Join the conversation online. **#OurGSNCCPCommunity**



Brownies and Juniors First Aid!

Safety is very important, especially in Girl Scouts where we love to have FUN but we always make sure that SAFETY is first! Let's remember as Girl Scouts we have an awesome motto: Be Prepared. So let's prepare by having your VERY OWN first Aid-Kit for any kind of emergencies.

In this activity you will learn:

- ◆ What's in a standard First Aid Kit
- ◆ Calling 9-1-1
- ◆ Making your own First Aid Kit

View our Video to learn more about Brownie and Juniors First Aid [HERE!](#)

Supplies you will need for your very own First Aid Kit:

- Empty Tissue Box (or shoebox, use what you have)
- Paint! (Colors of your choice)
- Paint Brushes
- Glue
- Scissors
- Paper Towels
- Construction Paper
- Markers
- Glitter (Optional)
- First Aid Supplies (Band-aids, hand sanitizer, antiseptic wipes, tissues, etc)

Directions:

You will want to paint your tissue box a solid color first! Then begin designing your box by painting it! Add glitter if desired. Cut to size the construction paper to the bottom of your box. You will then write your emergency phone list on the construction paper and glue to the bottom of the box once the paint is dried. *When your box is designed to your liking, you can fill it up with your first aid supplies!*

Badges by Level

Brownie

What did you earn? By doing this activity you completed Step 1 and Step 2 in Brownie First Aid.



Like this activity? Try to complete the rest of this badge on your own!

Junior

What did you earn? By doing this activity you completed Step 1 and Step 3 in Junior First Aid.



Like this activity? Try to complete the rest of this badge on your own!

Share a Photo of your First Aid Kit to GSNCCP's [Facebook Page](#) and tag [#OurGSNCCPCommunity](#) with your photo!

Note: There should be an Adult First Aid/CPR certified adult volunteer accompany a troop/group on an overnight, or troop activities held outside the normal meeting space. with a First Aid Kit, these first aid kits are for personal use and minor injuries.

Resources to Use at Home:

- ◆ [Safety and First Aid—GSNCCP](#)
- ◆ [Safety Activity Checkpoints](#)
- ◆ [Red Cross](#)
- ◆ [Kids Health](#)

[Need a copy of a Journey, badge requirements or want to order patches?](#)

While our shops are closed, please feel free to [shop online](#) or [email](#) us for merchandise needs. We will provide free shipping within in our council footprint on orders emailed to us (please provide phone number in email so we can call you for payment details).