

Girl Scout Birthday Week Patch Program

The Girl Scout Birthday on March 12th commemorates the day in 1912 when Juliette “Daisy” Gordon Low officially registered the organization’s first 18 members in Savannah, Georgia. Along with Daisy, these first Girl Scouts blazed trails and redefined what was possible for themselves and for girls everywhere.

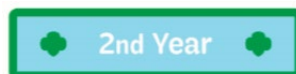
The long history of Girl Scouting has inspired millions of girls and women to gain courage, confidence and character, while making the world a better place.

The activities in this patch program have been inspired by a combination of many different facets of the Girl Scout organization, including: the celebration of Girl Scout Week, GSUSA program, Girl Scouts- North Carolina Coastal Pines’ Spirit Week, and other Girl Scout traditions. The variety of activities will encourage all Girl Scouts, no matter their interest or age level to participate.

This patch program should be used to encourage Girl Scouts of all grade levels to observe the significance of Girl Scout Week, Girl Scout traditions, and to help them demonstrate pride in being a member of the world’s largest organization for girls.

Those participating in the **Girl Scout Birthday Week** patch program for the first time will earn the original Girl Scout Birthday Week patch:

Second year participants will earn a **second-year rocker** and so on:



Additional rockers are placed under the Girl Scout Birthday Week patch.

To earn the Girl Scout Birthday Week patch, the following requirements must be met:

Daisies- participate in at least two GS- NCCP Girl Scout Spirit Week activities and one activity from each section: **Discover, Connect,** and **Take Action**

Brownies/Juniors- participate in at least three GS-NCCP Girl Scout Birthday Spirit Week activities and two activities from each section: **Discover, Connect,** and **Take Action**

Cadettes/Seniors/Ambassadors- participate in at least three GS-NCCP Girl Scout Birthday Spirit Week activities and three activities from each section: **Discover, Connect,** and **Take Action**



GS-NCCP Girl Scout Spirit Week 2020 Theme:

Rally the Vote!

Rally the Vote! It's an awesome time to be a G.I.R.L.! Let's rally together to commemorate and raise awareness of the Women's Suffrage Movement that took place 100 years ago while celebrating Girl Scouts' birthday during Girl Scout Week 2020!

This year 2020 marks the 100th anniversary of the passage of the 19th Amendment, protecting women's constitutional right to vote. This historic centennial offers an awesome opportunity to celebrate and rally Girl Scouts locally across North Carolina as well as nationally.

Girl Scouts emphasis on civics education and civic engagement began in 1918 with the first Civics Badge and in 1920 with a Citizens Badge. Through the legacy of Girl Scouting, we continue to reaffirm civic purpose and the future of girls' advocacy.



The 2020 Primaries will occur on March 3, 2020, which is one week prior to Girl Scout week.

Learn how you can get involved on the [Centennial of Suffrage](#) page on the GS-NCCP website.

Interested in planning a Girl Scout Birthday Week activity for your local girls?

Visit the **Girl Scout Week 2020 Area Event Module** to learn more. A trained event director is required to take the lead. Visit the [activities tab](#) to find the next Event Director training opportunity.

GS-NCCP Girl Scout Spirit Week 2020 Activities

RALLY THE VOTE!

Sunday, March 8: Girl Scout Sunday

Plan ahead and encourage girls to earn the [My Promise, My Faith](#) pin. [My Promise, My Faith pin requirements](#)

Monday, March 9: Motivation Monday

On the [GS- NCCP Facebook page](#), share what you want to be when you grow up AND share a HER-story maker that inspired you to consider this profession.

Tuesday, March 10: Try It Tuesday

Post a photo or comment on the [GS-NCCP Facebook page](#) about a civic engagement project that your troop participated in. This could be visiting a council meeting, a mayor's office, town hall or a local courthouse or police station. Vote on something (like your next troop activity); help hand out voter registration cards at a community center or event; or visit a local polling place or board of elections.

Wednesday, March 11: Civic Wednesday

Complete 2 activities from your age level Civics badge. For example, write letters to a female elected official, judge, or police Chief in Celebration of Women's History Month.

Thursday, March 12: Girl Scout Birthday

Celebrate Girl Scout's 108th birthday with a party. As a party activity, write letters to military troops for Operation Cookie Drop.*

Friday, March 13: Lead like a G.I.R.L.

Share how you lead like a G.I.R.L. (Go-Getter, Innovator, Risk-Taker, and Leader) by posting a comment or photo on the [GS-NCCP Facebook page](#). Shout out another Girl Scout by sharing how she is courageous and confident. Make sure to use first names!

Saturday, March 14: Girl Scout Sabbath

Plan ahead and encourage girls to earn the [My Promise, My Faith](#) pin. [My Promise, My Faith pin requirements](#)

***Writing Letters to Military Troops as part of Thursday's Activity (and Operation Cookie Drop)**

Write a letter/story or draw a picture to be sent with the cookies overseas to the Military Troops

- **Drop off or send your letters** to the Raleigh Service Center by April 24th, 2020
- Send letters to- Attn: Operation Cookie Drop c/o Kelly Griffin; 6901 Pinecrest Rd. Raleigh, NC 27613
- More [Operation Cookie Drop information](#)

DISCOVER:

- Journal on how the Girl Scout Law relates to your beliefs and if you think that there are any parts of the Law you need to work on
- Explore a new park and take a walk
- Do an experiment – see **Resource Section** for activity ideas
- Learn a new Girl Scout song
- Learn about setting SMART goals – see **Resource Section** for activity idea
- Try a new hobby (i.e. watercolor painting, knitting, or jewelry making)
- Make a poster of your favorite Juliette Gordon Low quote and share with your troop
- Learn the birthday song in another language
- Talk as a troop about what it means to be a leader and how you can be a better leader
- Learn how a certain object (examples: lipstick, iPhone, camera) is made, ask an expert or watch a video

CONNECT:

- Bring the Girl Scout Birthday Week celebration home and decorate the dinner table with homemade decorations and talk about birthday week with your family
- Research how other cultures celebrate birthdays
- As a troop, plan a Girl Scout birthday party with cake, games, and other Girl Scout traditions
- Invite a non-Girl Scout to a Girl Scout event
- Draw a picture of your invention that can change the world
- Host a milk and cookies reception with your troop and invite your family and friends
- Interview a courageous woman- see **Resource Section** for interview question ideas
- Solve the human knot- see **Resource Section** for instructions
- Complete the pot of gold activity to learn each other's special qualities- see **Resource Section** for details
- Provide your place of worship with Girl Scout material to share during weekly services

TAKE ACTION:

- Do a good deed for someone in your family
- Find and make a recipe from another country
- Bake cupcakes or cookies and give them to your family or neighbors
- Make bedtime bags or birthday boxes for homeless shelters or foster homes- see **Resource Section** for instructions
- Teach a younger Girl Scout troop a new song
- Donate your old books to a library
- Plant a pollinator garden to help save honeybees- see **Resource Section** for plant ideas
- Make your own pet toys and give them to a shelter - see **Resource Section** for ideas
- Learn a new game and teach it to your friends or another Girl Scout troop
- Clean up trash around a park or waterway

RESOURCES SECTION

Experiment Ideas

- [Pop rocks and Balloons](#)
- [Borax Slime](#)
- [Rock Candy](#)
- Check out the internet or Pinterest for other ideas

SMART Goals

Assist your troop in learning to set goals to live a healthy life. Use the SMART system to help girls think of a goal and follow through. Below is the SMART system. Explain what a SMART goal is to your troop. Have them think of a SMART healthy living related goal they can accomplish by their next troop meeting. Make a chart or write down all their goals so they can remember what they need to work on. Encourage them to set goals throughout their life in school and at home.

S- Specific: know exactly what you want to accomplish

M- Measurable: how will you meet your goal?

A- Achievable: make sure your goal is not too far out of reach, not too easy

R- Relevant: link the goal to something important to you, something inspiring

T- Timely: when do you want to meet your goal by?

Examples:

- Not- SMART: Sally is going to eat 4 servings of vegetable per day for two weeks, even though she hates vegetables
- SMART: Sally is going to try 5 new vegetables within the next two weeks

Courageous Women Interview Questions

1. Who was your female role model growing up?
2. What does 'be a leader' mean to you?
3. How do you define courage?
4. Who is a courageous female you admire?
5. How does one become courageous?
6. How have you overcome challenges in your life?
7. What advice would you give yourself at my age?
8. When was a time that you felt courageous?

You can always add more or use your own questions; these are just suggestions.

Instructions for Human Knot

1. Have all 6-10 kids stand in a circle, facing inward.
2. Tell everyone to reach their right arm towards the center and grab someone else's hand. Make sure no one grabs the hand of the person right next to them.
3. Next, have everyone reach their left arm in and grab someone else's hand. Again, make sure it's not the person right next to them.
4. Now, the fun begins! The kids need to work together to untangle the human knot without letting go of any hands. The goal is to end up in a perfect circle again. They can go over or under each other's arms, or through legs if needed! Encourage them to do whatever they want, as long as they don't break the chain in the process.

Pot of Gold Activity

Supplies:

- Instructions (return to box)
- Gold paper coins
- Pot

Steps:

1. Give each girl two coins
2. Have them write their name on one side of the coin
3. On the other side of the coin, have them write something special about themselves or something they are good at, such as, "I am good at painting" or "I am curious"
4. Put all the coins into the pot and mix them around
5. Gather in a circle and have each girl pull out a coin and read the front and back aloud
6. Then they will give a high five to the girl whose coin they just read
7. Reflection questions:
 - a. Did you like sharing your special talent or quality?
 - b. What is something you learned about a troop member that you didn't know before?
 - c. Why is it important to celebrate everyone's special gifts and talents?

Pollinator Gardens

How to grow a pollinator garden resources:

4-8th graders: [lesson plans](#)

<https://letslassothemoon.com/2015/04/14/how-to-plant-a-honey-bee-garden-with-kids/>

<https://davidsuzuki.org/queen-of-green/create-pollinator-friendly-garden-birds-bees-butterflies/>

Bedtime Bags and Birthday Boxes

These two things can be done for children in foster care or in a homeless shelter.

Bedtime bags are a great source of comfort for children transitioning into a new home, whether it be to a new foster home or a homeless shelter. Many times, the transition is very hard on children because they don't have their own toys and blankets.

Suggested items to put into a bag:

- Blanket
- Toothbrush
- Travel toothpaste
- Book
- Stuffed animal

Birthday boxes or bags can be donated to a homeless shelter for both children and adults because everyone deserves a birthday treat and celebration.

Suggested items to put into boxes:

- Box of cake mix
- Jar of frosting
- Disposable cake pan
- Candles
- Plates
- Napkins
- Forks
- Birthday decorations
- Small toys for kids

*Always check with the local foster care system or homeless shelter for their needs before donating items.

Homemade Pet Toys

[Dog Toys](#)

[Cat Toys](#)

*Always check with the local shelter before making toys and donating them.

Place birthday patch order and complete evaluation:

Follow this link to complete the patch program evaluation and to order patches: [evaluation and patch order form](#)