



My North Carolina Story Girl Scout Patch Program



Developed by
the North Carolina Museum of History



This patch program is based, with their permission, on one created by
The Bob Bullock Texas State History Museum.

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My North Carolina Story

Girl Scout Troop Leaders—
Please read before starting this program!

You are part of the story! At the North Carolina Museum of History, we are committed to creating a place where you can explore, learn, and enjoy programs, events, and exhibitions that celebrate North Carolina's past, present, and future.

This Patch Program aims to encourage Girl Scouts to dig into THEIR history through stories of family, community, and North Carolina as a whole.

True or False? Girl Scouts need to know that when the word *story* is used in this patch booklet, it means a TRUE story, not a made-up one.

Requirements

Girl Scouts must complete activities listed below to receive their My North Carolina Story patch.

Brownies/Juniors: Must complete three starred activities (one from each section) and one additional activity from each section. If some activities are beyond your Girl Scout troop's ability, you can do activities from another section or do the same activity again.

6 activities total

Cadettes/Seniors/Ambassadors: Must complete three starred activities (one from each section), one additional activity from each section, and any two activities from any section.

8 activities total

Most activities can be completed using the pages in this booklet.

Tools That Tell about the Past

Historians use tools to find out about the past. You can use the same tools to dig into your history and that of your community and state.

NC Museum of History



People can tell stories from their own experiences and knowledge.

Documents are written records that give you clues about people and events.



Wilson County Public Library

Documents are written records that give you clues about people and events.

NC Museum of History



Artifacts are three-dimensional objects that can tell you how people worked, lived, and played.

Images include photos, drawings, and paintings. They give information on places, people, and events.

UNC Library



Maps can provide information about locations, climate, geography, and human activity (where are cities? factories? schools?), and more.



NC Museum of History

Breakaway Outreach

For Juniors, Cadettes, Seniors, and Ambassadors

A **PRIMARY SOURCE** is a piece of information about a person or event in the past that was written, used, or created by someone who was there at that time. Primary sources help you figure out what happened and why it happened.

Examples: Letters, objects, buildings, songs, clothing, and other things created during the time you are exploring.

A **SECONDARY SOURCE** is **NOT** created by someone who was there at that time. Secondary sources are often written a long time after an event happened but are based on information historians get from primary resources.

Examples: Books; magazine, newspaper, or web articles.

North Carolina Websites and Keywords

This is a sample of North Carolina-related sites available on the Internet. Use these sites or search for additional ones by using the following keywords or your own keywords.

NCpedia

<https://www.ncpedia.org/>

ANCHOR—A North Carolina History Online Resource

<https://www.ncpedia.org/anchor/anchor>

North Carolina State Historic Sites

<http://www.nchistoricsites.org/>

Timelines—North Carolina Museum of History

<https://www.ncmuseumofhistory.org/learning/educators/timelines>

Immigrants to North Carolina

<https://www.ncpedia.org/immigrant-colonies>

<https://cnnc.uncg.edu/ethnic-groups-in-nc/>

North Carolina Maps

<https://web.lib.unc.edu/nc-maps/>

Notable North Carolinians

<https://www.ncpedia.org/biography/notable-north-carolinians>

Oral History How-To

<http://transom.org/wp-content/uploads/2013/10/interviewingguidestudent.pdf>

<https://folklife.si.edu/the-smithsonian-folklife-and-oral-history-interviewing-guide/some-possible-questions/smithsonian>

How to Make a Family Tree

https://www.ngsgenealogy.org/cs/How_to_make_a_family_tree

Section 1: Your Story

ACTIVITIES

Think about: How does MY history make me who I am?



1. Find an artifact (object) that tells something about you. Fill out the **Artifacts Tell My Story** sheet. Share your story with your family or Girl Scout troop.



NC Museum of History

2. Make a list of words that describe you. Create a collage of pictures and words from your list.

3. Ask a family member or friend to share a (true) story where you played an important part. Record that story in the **Scrapbook** section—you can write or draw a picture.

4. Ask family members to share stories about relatives from different generations. Record your stories in the **Scrapbook** section.

5. Make a family tree or chart including as many generations as possible (see the **Website** page for helpful information).

6. Reread the values listed in the **Girl Scout Law**. Choose two values that are the most important to you. Find a story of a historical person who showed those values in her or his life. Describe how she/he and you show those values in the **Scrapbook** section, and/or tell your family or Girl Scout troop.

7. Choose a historical person connected to an occupation in which you are interested. What talents and characteristics did she/he have that helped her/his success? Explain how **YOUR** talents and characteristics will help you in your career choice in the **Scrapbook** section, and/or tell your family or Girl Scout troop.

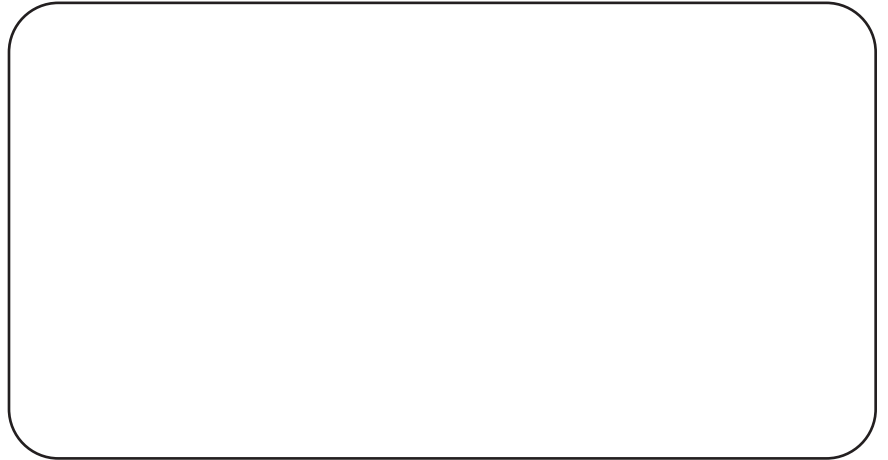
Artifacts Tell My Story

Find an artifact (object) that helps you tell your story. It could be something related to your favorite activity, a place or event, or something that is otherwise important to you. Answer as many of these questions as you can about your artifact.

1. What is your artifact?

What does it look like?

Draw your artifact here.



2. Does your artifact connect to other people in your life? How?

3. What feelings or thoughts does your artifact make you feel or think?

4. What time or event in your life does your artifact help you remember?

5. In one or two sentences, explain what your artifact says about you to tell your family or Girl Scout troop.

Section 2: Community Stories

ACTIVITIES

Think about: What history makes my community (group of people living in the same area) special or unique? How do I fit in to that story?



1. Visit a history museum or heritage site in your community. Before you go, read **Discovering Your History through Artifacts**. Choose a favorite artifact (object) during your visit, and use it to complete the activity sheet.



2. Create a T-shirt or bumper sticker design with a motto that relates to your community's history—no fair using one someone else has already thought up! Add a symbol or logo that supports your motto. Add your design to the **Scrapbook** section.

3. Interview a person who has lived in your community for at least 25 years. Use the **You Are the Reporter** and the **Community Memory** sheets to record her/his answers. Some sample questions:

- What was the community like then? How is it different from/the same as now?
- What is a story about a person or event from our community—one that stands out in your memory?

4. Create a map that shows five historic places in your community. You can draw your own map or print a map from the Internet. Use the websites listed on page 3 to search for historical sites in your area. Some place examples:

- a historical marker
- a history museum or site
- a house, building, or monument.

Add your map to the **Scrapbook** section.

5. Every year the North Carolina State Fair celebrates our agriculture, crafts, and community. What celebrations does your community have? Create a poster describing these celebrations to post at your school.

Section 2: Community Stories

ACTIVITIES, continued

6. Choose a favorite part of the historical place you visited. Think of questions about what you saw, and investigate for more information. Design a flat or 3-D exhibit that includes your images and research. Use **Designing an Exhibit** to organize your information.



Smithsonian magazine

7. Find a street, park, or building named after someone in your community. Discover why the place was named after this person. Create a short play or one-person monologue (a dramatic speech by a single actor) about the person's contribution to your community. Add the script to the **Scrapbook** section. Perform your presentation at a Girl Scout troop meeting, school, or local museum.

8. Draw a community web picture. Place yourself in the center of the web, with lines connecting you to places in your community that are important to you (school, Girl Scout troop meeting site, favorite ice cream store. . .). Pick one of the sites and give a brief history of the place. Sample things to include:

- when it was built
- different things it has been used for over time
- how it has changed
- why it is important to you and your community

Add your web drawing to the **Scrapbook** section, and/or share it with your Girl Scout troop or family.

9. Check with your Chamber of Commerce to find out the main local businesses and industries. Investigate how people's jobs have changed over time in your community. Divide a piece of paper in half—on the top, create an ad for a local business 50 years ago; on the bottom, an ad for a current business. Include your ads in the **Scrapbook** section.

Discovering History through Artifacts

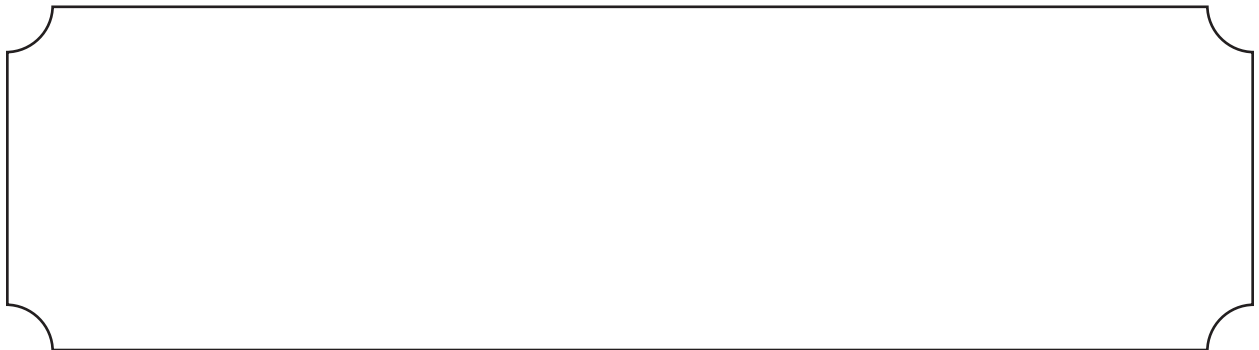
Take this sheet with you on your visit to a local history museum or site.
Answer as many of these questions as you can.

1. Where did you go? _____

2. What history did you explore there?

3. Why is the history of the place you visited important to your community?

4. Describe or draw your favorite artifact from the place you visited.



5. Look at the object. If there is a written label, read it. What story does it tell?

You Are the Reporter

Oral (out loud) histories are stories passed on through memory. For historians, they are primary sources that add personal thoughts and feelings to past events.

YOU are the reporter who will search out a story (or stories!) to be told. It is your job to decide who to interview, what to ask, and what you will record in your Scrapbook.

Oral History Interview Tips

- Decide on a topic.
- Start close to home to find the right person to interview—ask relatives, teachers, and adults in your neighborhood. You can expand your search to senior citizens’ organizations, cultural organizations, libraries, and museums.
- Write out four to six open-ended questions to ask. An open-ended question can’t be answered by “yes” or “no” and encourages the person you are interviewing to give a broader answer. Example questions:
 - What was it like growing up here?
 - How has this place changed since you were young?
- If you plan to record your interview, test the device you will use ahead of time. Make sure it works/is charged up/has new batteries!
- If you are writing down the responses, make sure you leave enough room after each question for the answer and any additional information you learn. If you’d like, add your question and answer sheet(s) to the Scrapbook section.
- Before you start asking questions, write down who you are interviewing, the date, place, reason for the interview, and topic. Use this to complete the top part of Community Memories.
- Keep the interview to no more than one hour.
- Thank the person you interviewed, and follow up with a thank-you note. After you have finished this activity, you can show your Scrapbook to her/him so they can see how the stories are used.

Community Memories

Person Interviewed _____ Date _____

Place of Interview _____

Topic _____

What history did you learn about your community from the interview?

How does the information you learned add to the story of your community?

Designing an Exhibit

Take this sheet with you on your visit to a local history museum or site.
Complete at least 1 and 2 while there.

1. My favorite part of the historical place I visited:

2. This was my favorite part because:

3. What more I want to learn:

4. My exhibit topic:

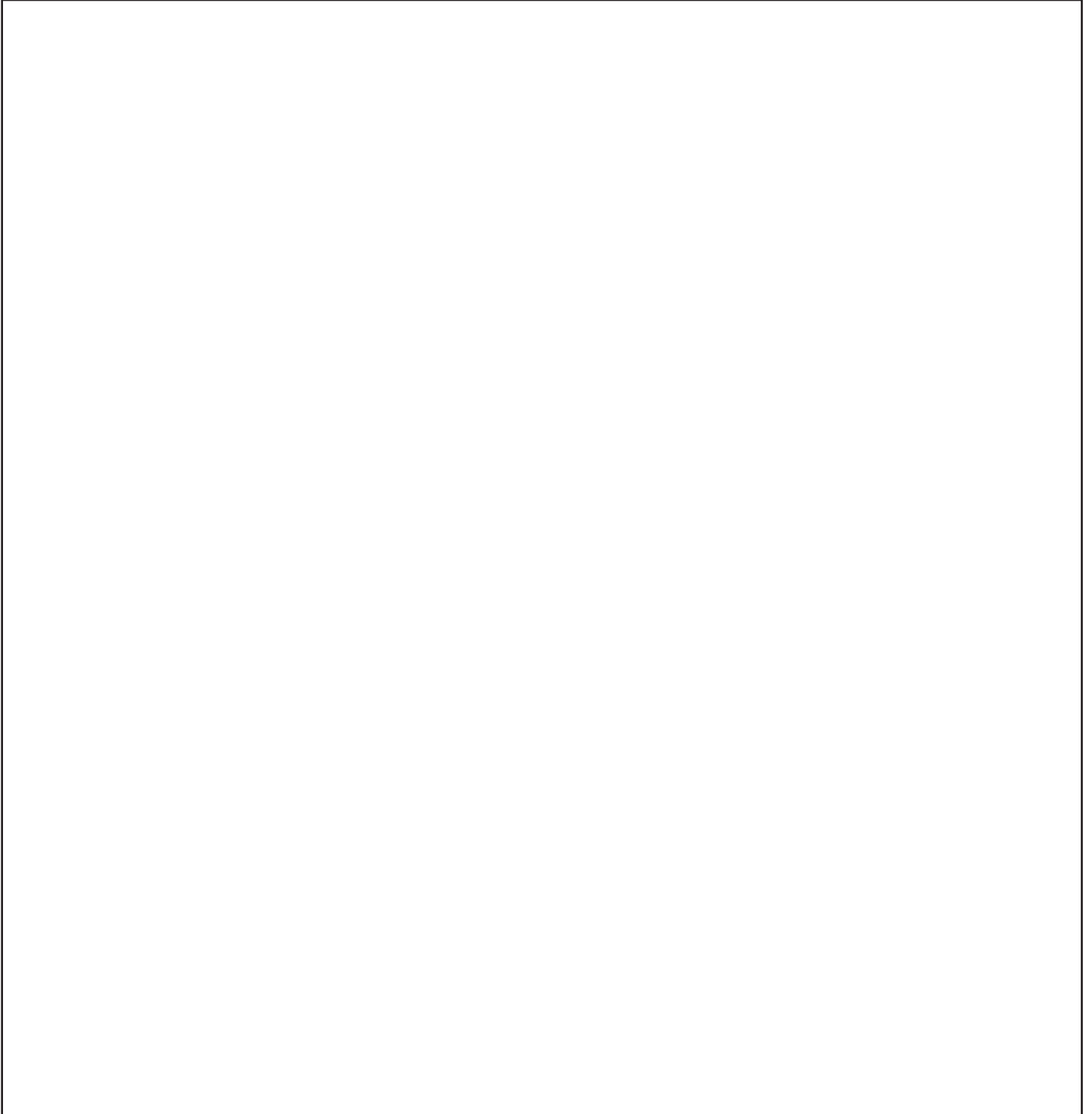
5. My exhibit title:



Designing an Exhibit

continued

My exhibit with a title, images, and labels will look like:



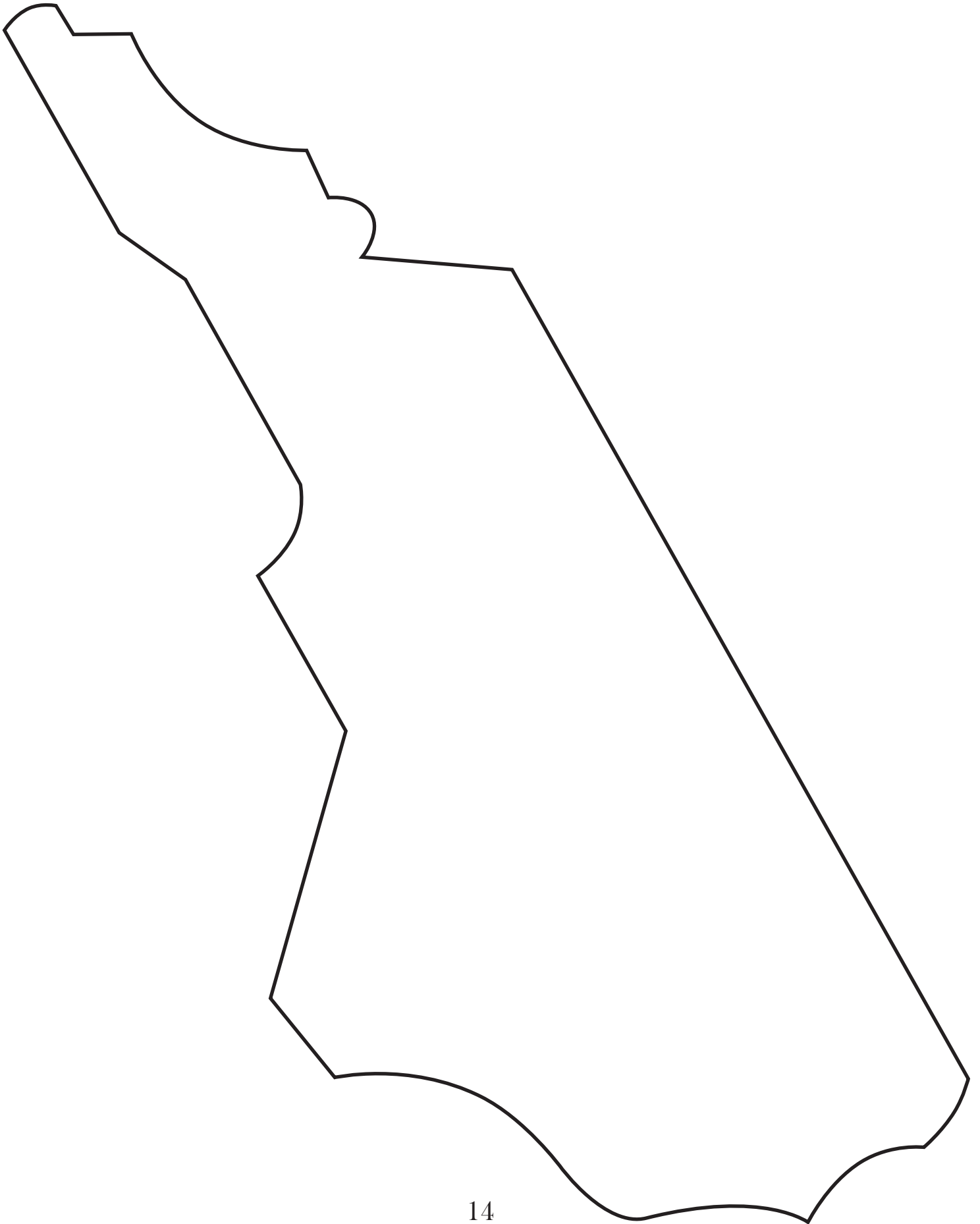
Section 3: North Carolina Stories

ACTIVITIES

Think about: What is a North Carolina story? How does my community fit in?
How am I part of that larger story?



1. What things come to mind when you think of North Carolina? Is it places, people, events, or a mixture of them all? Inside an outline map, draw at least four images from North Carolina's past and present. Use your drawing to explain to your family or Girl Scout troop how they help tell the story of your state (you can use the Outline Map on page 14).
2. (Brownies and Juniors only) Read a story about North Carolina in the past. Create a bookmark: on one side draw the main character and list three of her/his characteristics or values (examples: is she brave, strong, silly, honest?). On the other side, draw or tell what this character did. Use your bookmark, or add it to the Scrapbook section.
3. (Brownies and Juniors only) Complete the North Carolina Word Search.
4. Create an illustrated timeline showing five big events in North Carolina history that shaped your community and/or the state (the websites on page 3 might help). Fold it into the Scrapbook section.
5. How did you become a North Carolinian? Trace your family's journey to this state—include a map. Write a short paragraph about why they came, and an interesting story about how your family became part of our state and its story. Add it to the Scrapbook section.
6. Choose a famous person from North Carolina. Use the websites on page 3 to help you. Design an award named after this person, listing the traits that helped her/him achieve their place in history. Choose someone living in your community today to honor with this award for having the same traits. Write the name of the person you chose and the reasons for your choice on the award. Add your award information to the Scrapbook section and/or share it with your family or Girl Scout troop.
7. (Cadettes, Seniors, and Ambassadors only) Help a younger Girl Scout or Girl Scout troop fulfill the requirements for the My North Carolina Story patch. Keep a record of your activities, and include it in the Scrapbook section.



North Carolina Word Search

Circle or highlight the words in the grid that are the same as the words in the word bank.

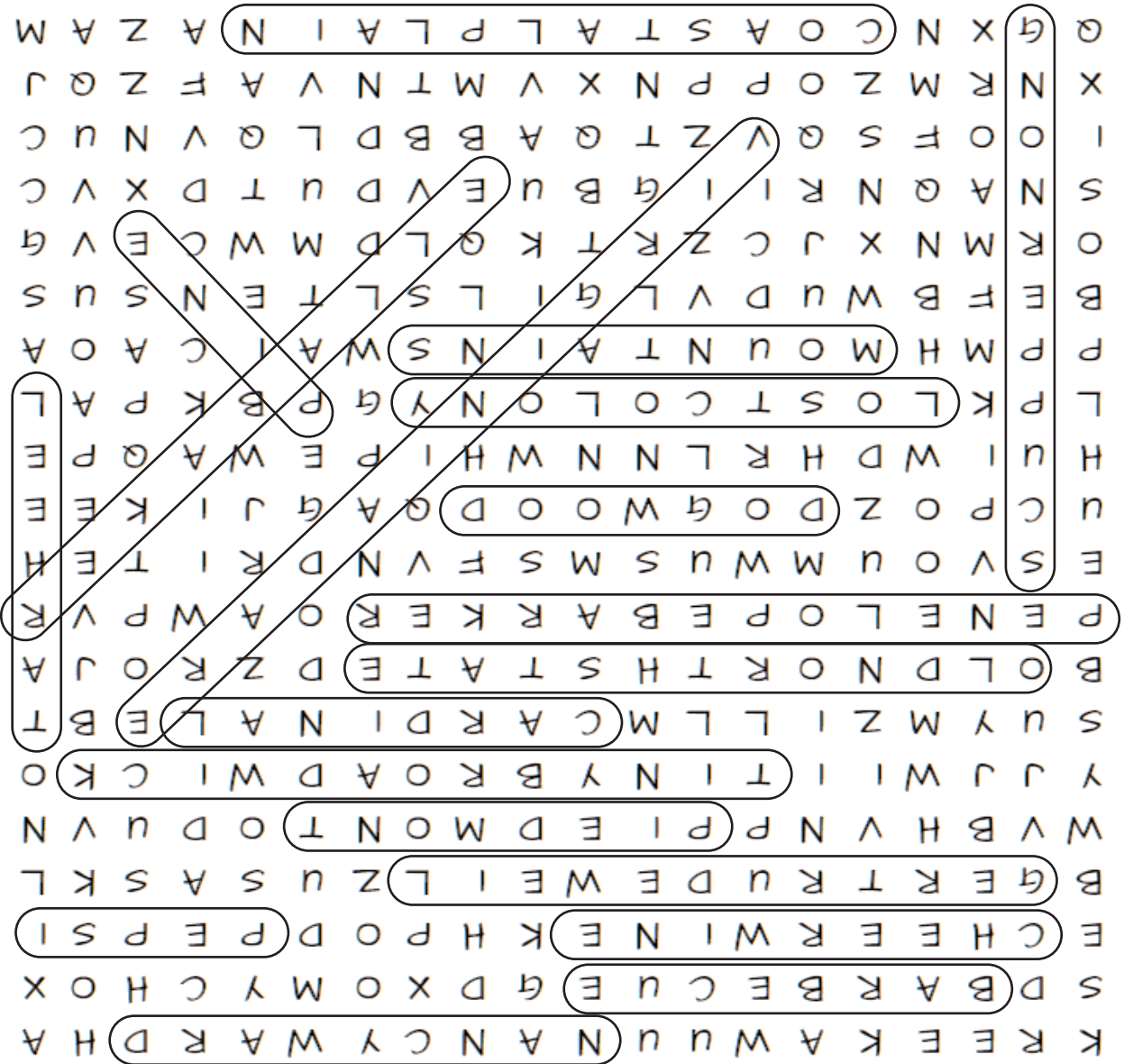
K R E E K A W U U N A N C Y W A R D H A
 S D B A R B E C U E G D X O M Y C H O X
 E C H E E R W I N E K H P O D P E P S I
 B G E R T R U D E W E I L Z U S A S K L
 W V B H V N P P I E D M O N T O D U V N
 Y J J W I I T I N Y B R O A D W I C K O
 S U Y M Z I L L M C A R D I N A L E B T
 B O L D N O R T H S T A T E D Z R O J A
 P E N E L O P E B A R K E R O A W P V R
 E S V O U M W U S M S F V N D R I T E H
 U C P O Z D O G W O O D Q A G J I K E E
 H U I W D H R L N N W H I P E W A Q P E
 L P K L O S T C O L O N Y G P B K P A L
 P P M H M O U N T A I N S W A I C A O A
 B E F B W U D V L G I L S L T E N S U S
 O R M N X J C Z R T K Q L D M W C E V G
 S N A Q N R I I G B U E V D U T D X V C
 I O O F S Q V Z T Q A B B D L Q V N U C
 X N R M Z O P P N X V M T N V A F Z Q J
 Q G X N C O A S T A L P L A I N A Z A M

North Carolina Word Bank

<u>Symbols</u>	<u>Foods</u>	<u>Nicknames</u>	<u>Geography</u>	<u>Famous Women</u>
Scuppernong	Pepsi	Tar Heel	Coastal Plain	Virginia Dare
Pine	Cheerwine	Old North State	Piedmont	Penelope Barker
Dogwood	Barbecue		Mountains	Nancy Ward
Cardinal				Gertrude Weil
Lost Colony				Tiny Broadwick
				Ella Baker

Choose two of these words and look them up on NCpedia (<https://www.ncpedia.org/>).
 Share their stories with your family or Girl Scout troop.

Word Search Answers



My NC Story Scrapbook

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My NC Story Scrapbook



MY NORTH CAROLINA STORY PATCH PROGRAM EVALUATION

Thank you for taking the time to complete this evaluation form. The responses given from participants are used to help plan and enhance future programs. Please complete the form by sharing your thoughts with us. Please have the girls vote and have an adult record their responses.

Tell Us About Your Troop (If an individual girl worked on the program, please indicate).

Individually Registered Girl Scout's Name and Grade Level: _____

Troop Number or Juliette: _____

Leader and Phone/Email: _____

Please circle your Girl Scout level and indicate the number of girls and adults who worked on this patch program on each line:

Daisy _____ Brownie _____ Junior _____ Adult _____

Please check the response that best describes what your troop thinks.

Question	Strongly agree	Agree	Uncertain	Disagree	Strongly disagree
The information and activities in this patch program were interesting to us.					
We learned new facts about North Carolina history.					
We have learned how to research and tell others about our North Carolina stories.					
We are more interested in learning about history and other people's stories.					

What did your troop like best about this patch program?

What about this patch program could be improved?

Other comments or ideas to improve the program?

[Add number of form and date of revision]



MY NORTH CAROLINA STORY PATCH PROGRAM ORDER FORM

Fill out the following information to order and receive your patches:

Troop Leader Name: _____ Troop #: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Phone #: _____

Item:	Cost per Item:	Number of Patches Ordering		Total Cost:
My North Carolina Story patch	\$2.00 ea.		Cost of Patches (subtotal):	\$
			Sales Tax (subtotal x 7.25%):	\$
			Total (subtotal + sales tax):	\$
			Shipping (see chart):	\$
			Total Amount Enclosed (total + shipping):	\$

Purchase Amount	Shipping Charge	Purchase Amount	Shipping Charge
Up to \$25.00	\$ 2.95	\$100.01 to \$200.00	\$ 14.95
\$25.01 to \$75.00	\$ 5.95	\$200.01 to \$300.00	\$ 20.95
\$75.01 to \$100.00	\$ 7.95	\$300.01 to \$500.00	\$ 25.95
		Over \$500.00	\$ 45.95

Make check payable to: Girl Scouts- North Carolina Coastal Pines

Mail order form/evaluation and checks to:

Girl Scouts- North Carolina Coastal Pines
 Raleigh Service Center
 Attn: RSC Shop
 6901 Pinecrest Rd.
 Raleigh, NC 27613

If you have any questions about content of patch program, shipping, or anything else related to the patch program, please email patchprogram@nccoastalpines.org.

[Add number of form and date of revision]