Girl Scout Juliette Guidebook
Girl Scout Mission

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

The Girl Scout Promise

On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

The Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do, and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.
About Girl Scouts

We’re Girl Scouts and we believe in the power of every girl. Founded in 1912, Girl Scouts of the USA is the preeminent leadership development organization for girls. Girl Scouts is 2.5 million strong – 1.7 million girls and 750,000 adults who believe girls can change the world. It began over 100 years ago with one woman, Juliette Gordon “Daisy” Low, who believed in the power of every girl. Today, Girl Scouts continue her vision of building girls of courage, confidence, and character who make the world a better place by helping them discover their inner strengths, passions, and talents.

Girl Scouts bring their dreams to life and work together to build a better world. Through programs from coast to coast, Girl Scouts of all backgrounds and abilities can be unapologetically themselves as they discover their strengths and rise to meet new challenges—whether they want to climb to the top of a tree or the top of their class, lace up their boots for a hike or advocate for climate justice, or make their first best friends. Backed by trusted adult volunteers, mentors, and millions of alums, Girl Scouts lead the way as they find their voices and make changes that affect the issues most important to them.

3 Keys to Leadership

We are a girl-led, all girl organization focused on three core “keys” to leadership: Discover, Connect, Take Action. Through these three keys, Girl Scouts will:

• **Discover** their special skills and talents, find the confidence to set challenging goals from themselves, and strive to live by their values. This includes being proud of where they came from as well as where they’re going.

• **Connect** which means girls will learn how to team up, solve conflicts, and have healthy relationships. These skills help them for any career they choose in the future.

• **Take Action** to make the world a better place, and learn a lot about their community and the world along the way.

Our goal is to create a society in which every girl has the opportunity to achieve her leadership potential.
What is a Juliette?

Juliettes are Girl Scouts who participate as individually registered members instead of with a troop. As a Girl Scout Juliette, she’ll participate in all the fun and amazing badges, Journeys and activities, but on her own schedule. Kindergarten through 12th grade girls can be a Girl Scout Juliette!

Girl Scout Grade Levels

As a Girl Scout, there are lots of ways to have fun, make friends and do things that have a positive impact on her life, her school, and her community. At every Girl Scout grade level, girls have fun while making the world a better place.

- Girl Scout Daisy Grades K-1
- Girl Scout Brownie Grades 2-3
- Girl Scout Junior Grades 4-5
- Girl Scout Cadette Grades 6-8
- Girl Scout Senior Grades 9-10
- Girl Scout Ambassador Grades 11-12
Becoming a Member of Girl Scouts

Membership Dues
A $25 annual non-refundable membership fee, due at the time of registration, goes directly to Girl Scouts of the USA and pays for the various services it provides to councils, development of program materials, and activity insurance. Membership registration is completed through your My GS account.

Financial Assistance
Requests for financial assistance are confidential and based on personal information establishing the applicant’s need. Applications are available on our website.

Managing Your GS Membership Account
My GS is your digital one-stop shop for all things Girl Scouts! Anyone that has participated in Girl Scouts (or had a girl in their household participate) in the last two years already has an account. The email address that we have on file for you is your username.

For assistance, please contact our Help Desk at 800-284-4475 or helpdesk@nccoastalpines.org
Girl Scout Juliettes is a girl-led, family driven Girl Scout experience. As a parent/caregiver of a Juliette, you and your Girl Scout will be partners, shaping and sharing in the fun of the Girl Scout Leadership Experience. A mentor you respect and trust could also serve as her Girl Scout Juliette advisor.

As her guide/mentor, you:
- Register as an adult volunteer and complete the required background check
- Support your Juliette’s commitment to Girl Scouting
- Help your Juliette choose the badges and Journeys that interest her
  - See page 7 for the tools you need to do this
- Retain signed annual health history and permission form for your Juliette to participate in Product Programs, events, camp, and other activities
- Review council programs and camps, helping her pick the activities she wants to participate in and planning how she will fund her participation
- Help your Juliette participate in Product Programs by submitting the required forms, completing your training, fulfilling program requirements, and following safety guidelines
- You are welcome to take training to support your Girl Scout Juliette, but it is not required. As her Girl Scout guide, you may find it helpful to participate in the leadership training for her Girl Scout level. All of our trainings are offered online or in-person and can be found on the Activities List.
What Else Can I do in My GS?

As a Juliette parent/caregiver, you have the same access to tools and resources that troop leaders do, such as the Volunteer Toolkit. The Volunteer Toolkit is your official source for planning easy, fun activities year-round. This fully customizable digital planning tool is accessible on any computer, tablet, or mobile device and provides you with Girl Scout program content, award requirements, and other resources.

gsLearn

Girl Scouts' online training forum hosts a wealth of training tutorials like working with various ages levels, working with the badges information, personal and professional development, additional resources and much more! It is home to Girl Scout trainings you can take at your own pace and on your own schedule for learning and personal enrichment. Only registered adults have access to gsLearn by signing into their My GS account.

To access your Volunteer Toolkit, go to www.nccoastalpines.org and select My GS then Volunteer Toolkit. The Volunteer Toolkit is primarily a troop management tool, but you will be able to use it in the same way that any parent/caregiver of a girl in a troop would. Below is an explanation of the things you will find in your Volunteer Toolkit:

- **My Troop:** this tab should only display the contact information for your Juliette.
- **Explore:** this tab will allow you to set up your initial plan for the year. Choose from one of the popular pre-selected tracks or select Custom to build your own. Once you have chosen an option, you can reset it in the future, but you will lose any changes that you have made to the existing plan.
- **Year Plan:** this tab allows you to manage attendance and achievements and maintain a calendar of your Girl Scout Juliette’s achievements for the year. If you record her achievements through the year plan, then you can download a list of everything that she’s earned when you’re ready to shop for the badges.
- **Meeting Plan:** this tab coincides with the Year Plan tab and is designed to give specific information about individual entries on the Year Plan. Each Meeting Plan gives you everything that you need to guide your Juliette through earning each badge or Journey.
- **Resources:** this tab is a wealth of information on all things Girl Scouts. There are nine hubs based on topics such as Family, Safety, Travel, Cookie Program, etc. In addition, the colored tabs across the top correspond to all the program grade levels. By selecting one of these tabs, you can find additional information that pertains directly to that grade level including a link to GSUSA's Badge Explorer, a Uniform Placement guide that shows where to put badges, patches, and other insignia, and information about various awards that girls can earn at different grade levels (i.e. Leader in Action and the Girl Scout Bronze, Silver, and Gold Awards).

To see tutorial videos of the Volunteer Toolkit, please visit our website.
What Can a Juliette Do?

Now that your girl is a registered Girl Scout Juliette, it’s time to participate in the national Girl Scout Leadership Experience. Your girl will discover, connect, and take action through learning experiences in areas Girl Scouts believe will contribute most strongly to developing tomorrow’s leaders—STEM (science, technology, engineering and math), outdoors, life skills and entrepreneurship. Read on to find everything that you need to get started!

Girl Scout Program Material

Our retail staff is happy to assist you and your Juliette with the selection of program material for a great Girl Scout year! Girl Scout program material is available for your Juliette in our council retail shops and online, as well as in the Volunteer Toolkit. To get an idea of the badges that your girl might enjoy and the basic steps involved, visit GSUSA’s Badge Explorer, where you can search available badges by grade level and/or topic. Then jump over to your Volunteer Toolkit in your My GS where you can view badges and Journeys in detail.

- The Girl Scout Handbook contains level-specific information, the Girl Scout Promise and Law, and a section for uniform information and badge placement.

- Badge activity pamphlets are available for all badges and detail the badge requirements that Girl Scouts complete.

- Journey books and badges are also available for each level.

- In addition to the national skill-building badges that a girl can earn to wear on the front of her uniform, there are also various fun patches that can be earned to wear on the back. For a listing of the patch programs available through our council, please visit the Patches and Kits page on our website.

- Other councils may offer different fun patch programs and you are welcome to download the requirements and complete them, then order the patch by mail or by phone through that council. You may want to call the other council’s shop before you start work on the patch to be sure that the patch is still available.
As Girl Scout Juliette, your girl (along with an adult chaperone) can attend council-sponsored activities listed on the Activities page in your My GS account. Additional family members will be welcomed at any activities that are marked as ‘family friendly’.

When you click on an activity name, the description will tell you what type of registration is accepted for that activity. Most of our activities will say Individual or Individual/Troop. Very few are listed as Troop Registration only; in those cases, you can usually find a similar activity that accepts Individual or Individual/Troop registrations.

Click here to view and register for activities
The Fall Product Program (a nuts, candy, and magazine sale) and the Girl Scout Cookie Program are part of the Entrepreneurship pillar of the Girl Scout program. Girls learn financial literacy and entrepreneurship skills through both programs. These programs are designed to help girls grow in courage, confidence, and character while learning five valuable life skills: goal setting, decision making, money management, people skills, and business ethics.

- In both programs, girls earn recognitions and credits that can be used in the Girl Scout Shop or for Girl Scout events or camps.
- Juliettes have the option to “buddy” with a Girl Scout troop to participate in the Product Program but can also participate without a troop.
- When you “buddy” with a troop, you have the benefit of working with the troop’s Fall Product Program Coordinator or Troop Cookie Program Coordinator but you will also be subject to the troop guidelines and deadlines and proceeds stay with the troop. Participating individually may require a little extra effort on your part but may also give you more flexibility.
- To participate in the Fall Product Program or the Cookie Program as a Juliette, please contact our Product Sales department at productsales@nccoastalpines.org or 800-284-4475.

Destinations for Older Girls
Destinations are travel experiences offered through GSUSA for Girl Scout Cadettes, Seniors and Ambassadors that run from two days to three weeks. Girls can travel with other Girl Scouts from around the world to various locations across the country and abroad. Scholarships for Destinations may be available through Girl Scouts- North Carolina Coastal Pines and/or the host site.

Community Service
Community service is an integral part of being a Girl Scout, providing girls with an opportunity to practice teamwork, build critical-thinking skills and empower them to make changes in their community. Sharing their time and resources helps girls increase their self-esteem and civic responsibility. Through participating in programs like Journey Take Action projects or by earning a Girl Scout Bronze, Silver or Gold Award, girls are making a difference each day.
Every Girl Scout goes above and beyond to make a difference in her community and the greater world. The skills and experiences she gains along the way set her up for special recognition through the Girl Scout Bronze, Silver and Gold Awards.

Girls in grades 4 and higher have the opportunity to earn the highest award for their grade level which represents a commitment to service and taking action to make the world a better place.

The Girl Scout Bronze Award (earned in grades 4 or 5) is the highest honor a Girl Scout Junior can achieve, recognizing that a Junior has developed the leadership and planning skills to follow through with a project while making a positive difference in her community.

The Girl Scout Silver Award (earned in grades 6, 7, or 8) is the highest award a Girl Scout Cadette can earn—gives her the chance to do big things and make the community better in the process. The Silver Award gives girls the opportunity to focus on a local issue they care about, build a team, and implement their Take Action project to better the lives of those around her and herself.

The Girl Scout Gold Award (earned in grades 9, 10, 11, or 12) is the highest award a Girl Scout can earn. Open only to girls in high school, the Girl Scout Gold Award is the most prestigious award in the world for girls—and it’s only available to Girl Scouts. By the time a Girl Scout puts the final touches on her seven-step project, she’ll have solved a community problem—not only in the short term, but for years into the future.

A girl can start with any of these awards. She does not have to earn one to earn another; however, pre-requisites may differ for the Silver or Gold Award depending on whether or not she’s earned the Bronze or Silver Award.

To find more information about each of the highest awards, please visit our website or contact girlawards@nccoastalpines.org. You can also learn more by attending an awards workshop. These are not required (except for the Girl Scout Gold Award) but can be helpful in project planning and answering award questions. Visit the council activities tab to find the next available workshop.
Our Camps

Girl Scouts - North Carolina Coastal Pines offers a variety of summer camp types and activities. Juliettes are encouraged to register for any of our camp programs as an individual or with a group of friends. Camp facilities offer accommodations in tent, cabin, lodge and primitive units. Current offerings can be found here. All of our camp locations host troop camping, camporees and various trainings.

**Camp Graham**
Situated on beautiful Kerr Lake in Vance County with 155 acres of lake front with open areas and woodlands, Camp Graham is an outdoor enthusiast’s dream come true! Not only is the location beautiful and right on the water, it’s also ideal for a wide range of camp activities including hiking, field and nature games, archery, swimming, sailing, and more.

**Camp Hardee**
Adventure awaits you at Camp Hardee! Located on 95 acres of river front, woodlands, and open space in Beaufort County, Camp Hardee is the smallest of the three summer resident camps, allowing girls to become a close-knit community during their stay.

**Camp Mary Atkinson**
Camp Mary Atkinson is located in Johnston County, only 40 minutes from Raleigh. The property spans over 278 wooded acres and is home to traditional resident camp, day camp, adventure trips, and an on-site horse program. Access to a swimming pool and lake offers campers a chance to swim multiple times a day as well as participate in watercraft activities that include canoeing, kayaking, and paddle boarding.

Girls/Campers ages 9 and older, are offered the chance to climb the alpine tower and boulder on the climbing grotto at Camp Mary Atkinson. Various climbing events are also offered throughout the year where girls can work towards earning the Climbing badge.

**Camp Mu-Sha-Ni**
Camp Mu-Sha-Ni is located in Richmond County; about 10 miles west of Aberdeen, near Derby, and is part of an area in NC known as the Sandhills. Here, girls can explore 843 acres of fields, forest, ponds and wetlands. Camp Mu-Sha-Ni has accommodations for 166 campers. Camp Mu-Sha-Ni is available for year-round troop camping reservations; resident camp is not held at Camp Mu-Sha-Ni.
Camp Opportunities

**Day Camp**
Day or Twilight Camps are the perfect option for first-time campers or busy families. With programs ranging from DIY projects to exploring the night sky, there is something for every grade level! At Day Camp, girls enjoy meeting new friends and participating in a variety of activities and challenges. Day Camp sessions are run by local volunteers and are held in various service units.

**Resident Camp**
Resident Camps are overnight experiences ranging from a few days to a few weeks that offer girls traditional, equestrian and specialty options. Girls have an immersive outdoor experience where they learn teamwork, perseverance and self-discovery in an encouraging environment.

**Family events**
Celebrate summer with your family at Girl Scout camp! Camp is jam-packed with activities like swimming, canoeing, arts and crafts, campfires, games, fishing and more. Sessions are available at camp properties during the summer for Girl Scouts and family member(s) to enjoy a day at camp and in some cases as weekend exploring our properties. Each family group attending must include at least one registered Girl Scout. For all overnight events, adults must be registered and background checked.

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**Your Juliette Year**

**Fall: October-November**
- October 1: Start of the Girl Scout year
- October 31: Juliette Gordon Low’s birthday
- October-November: Fall Product Program

**Winter: January – March**
- January: Spring and summer program registration opens
- January-March: Girl Scout Cookie Program
- February: Resident camp registration opens
- February 22: World Thinking Day
- March 1: Highest Award notification deadline for Gold Award Booklet
- March: Day Camp registration opens
- March 12: Girl Scout’s Birthday

**Spring: April – May**
- April 1: “Early Bird” registration for next membership year begins
- May: Council-wide Gold Award ceremony honoring Gold Award Girl Scouts

**Summer: June-August**
- June-July: Day and resident camps are in session!
- August: Fall and winter program registration opens
In addition to badges, petals, activities and awards, because Girls Scouts is girl-led, she’ll pick the topics that interest her most, whether it’s caring for animals; taking a stand for girls; exploring science, technology, engineering, or math (STEM); helping others; spreading kindness; protecting the environment; or anything else important to her. She can choose the Journeys that interest her most and as she goes on her Journey, she’ll earn awards to put on her uniform, letting others know about the awesome things she’s done and taking pride in what she’s accomplished and the amazing experiences she’s had along the way.

Here are the Journey focuses that apply to each age level; learn more about each one by visiting GSUSA’s badge explorer or your VTK:

**It’s Your Planet—Love It!**
Girls learn about environmental topics such as clean water and air, noise pollution, global warming, soil contamination, and agriculture. Each Journey is packed with current environmental information and offers ways to improve life for everyone on the planet through a Take Action project.

**Computer Science: Think Like a Programmer**
Girls learn how programmers solve problems by participating in computational-thinking activities and completing a Take Action project.

**Outdoor STEM: Think Like a Citizen Scientist**
Girls learn how to make observations and collect data by doing a citizen science project and completing a Take Action project.

**Outdoor**
Girls get outside to explore and enjoy nature while completing a sustainable Take Action project. Fun, safe activities ranging from backyard camping to high-adventure exploration build essential outdoor skills and inspire girls to become environmental stewards.

**It’s Your Story—Tell It!**
Girls get the opportunity to tell their stories through a range of creative approaches. Exploring important themes such as developing a strong sense of self, navigating healthy relationships, and promoting well-being and confidence in themselves and others get girls involved in discussions about thinking critically and ready to complete a Take Action project.

**Engineering: Think Like an Engineer**
Girls discover how to think like an engineer by participating in hands-on design challenges and completing a Take Action project.

**It’s Your World—Change It!**
The It’s Your World—Change It! Leadership Journey encourages girls of all ages to make the world a better place and make new friends along the way. Whether it’s planting a garden, painting a mural, or launching a letter-writing campaign, Girl Scouts at every level experience unique leadership and advocacy challenges and discover what it means to be a leader who makes a difference in the world.
Girl Scout Daisies- Grades K-1
Don't we all wish we could look at the world through a Girl Scout Daisy’s eyes? Everything they do—from planting a garden, to putting on a skit, to proudly adding that first petal on their vest—sparkles with that “first-time ever” newness!

As a Daisy, she might:
• Meet other Juliette friends
• Earn petals and badges as she embraces the Girl Scout Promise and Law
• Make a difference in her community through a Leadership Journey
• Develop five key business skills through the Cookie and Fall Product Programs
• Explore nature

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nccoastalpines.org
Girl Scout Brownies- Grades 3-4
Girl Scout Brownies are ready to take on the world and Girl Scouts lets them do just that! They want to learn new things and show off what they know. She might take that first hike in the great outdoors, visit a museum, or strengthen her money management skills during the Cookie and Fall Product Programs. Life is good when you are a Girl Scout Brownie!

As a Brownie, she might:
- Expand her circle of friends
- Have fun learning new skills as she earns badges
- Complete a service project as part of her Leadership Journey
- Develop five key business skills through the Cookie and Fall Product Programs
- Attend Resident or Day Camp

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Girl Scout Juniors, Grades 4-5
Want to meet a real-life superhero? Just talk to a Girl Scout Junior who wakes up every day ready to play a new role. Juniors are explorers when they go camping for the first time. They’re CEOs when they market and sell cookies. They’re scientists when they perform energy audits and go on nature walks. And, they’re product designers and writers when they earn their Innovation and Storytelling badges.

As a Junior, she might:
• Earn her Bronze Award, one of Girl Scouts’ highest awards
• Share stories and smiles with new friends
• Try new experiences as she earns badges
• Develop five key business skills through the Cookie and Fall Product Programs
• Explore the outdoors at camp and beyond

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**Girl Scout Cadettes, Grades 6-8**
Making forever friends, saving the planet, standing up against stereotypes, using their powers for the greater good—that’s what being a Girl Scout Cadette is all about. Cadettes blaze trails in the wilderness, write and direct their own movies, express themselves with confidence, make delicious meals from around the world and pick up practical life skills.

As a Cadette, she might:
- Earn her Silver Award, one of Girl Scouts’ highest awards
- Get outdoors and off the beaten path
- Gain confidence as she mentors younger Girl Scouts
- Choose an issue she cares about as part of a Girl Scout Leadership Journey

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<tr>
<td>Community Service</td>
<td>Take Action Projects</td>
<td>National Service Project</td>
</tr>
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<td></td>
<td>Cadette Community Service Bar</td>
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<td>LIA</td>
<td>Program Aide</td>
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</tbody>
</table>

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![Image of a Girl Scout Cadette](image-url)
Girl Scout Seniors, Grades 9-10

Girl Scout Seniors are ready to take the world by storm—and at Girl Scouts, there are millions of ways to do it. Whether it’s enhancing school-based activities or helping girls make the most of community involvement, the opportunities open to Girl Scout Seniors are virtually unlimited!

As a Senior, she might:

- Earn her Gold Award, Girl Scouts’ highest award
- Go on an adventure and travel to amazing places like Costa Rica, Japan or India
- Be a positive role model, mentor younger girls and develop strong friendships
- Join other girls to tackle important international issues and earn a Global Action Award
- Explore exciting careers in a variety of fields

<table>
<thead>
<tr>
<th>Topic</th>
<th>Badges and Journeys</th>
<th>Activities and Patch Programs</th>
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<tr>
<td>STEM</td>
<td>Locavore Badge, Car Care Badge, Science of Style Badge</td>
<td>TechnoQuest</td>
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<tr>
<td>Money Management</td>
<td>Financing My Future Badge, Traveler Badge</td>
<td>Girl Scouts Give</td>
</tr>
<tr>
<td>Health</td>
<td>Women’s Health Badge, First Aid Badge, Cross Training Badge</td>
<td>Make Every Step Count, Make Every Dance Step Count, Talk it Out Patch Program, Think Pink! Breast Health Awareness Patch Program</td>
</tr>
<tr>
<td>Outdoor/Camp</td>
<td>Outdoor Journey, Adventurer Badge, Paddling Badge</td>
<td>Day Camp, Resident Camp, Camping Adventures Patch Program</td>
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<tr>
<td>Community Service</td>
<td>Take Action Projects, Senior Community Service</td>
<td>National Service Project, CIT, VIT, Girl Scout Gold Award</td>
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</tbody>
</table>
Girl Scout Ambassadors, Grades 11-12
With a wider world comes even more opportunities— and Girl Scout Ambassadors make the most of every chance they get to improve themselves...and their community. Girl Scout Ambassadors are eligible for some pretty awesome opportunities to continue their leadership experience.

As an Ambassador, she might:
- Earn her Gold Award, Girl Scouts’ highest award
- Enhance her relationship skills, problem-solving abilities and knowledge of science and technology
- Work to protect the environment
- Implement a Take Action project

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<td>STEM</td>
<td>Photographer Badge Water Badge</td>
<td>TechnoQuest</td>
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<tr>
<td>Money Management</td>
<td>Good Credit Badge Own My Own Badge</td>
<td>Girl Scout Give</td>
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<tr>
<td>Health</td>
<td>Dinner Party Badge Coaching Badge First Aid Badge</td>
<td>Make Every Step Count Patch Program Make Every Dance Step Count Patch Program Talk it Out Patch Program Think Pink! Breast Health Awareness Patch Program</td>
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<tr>
<td>Outdoor/Camp</td>
<td>Outdoor Journey Ultimate Recreation Challenge Outdoor Art Master Badge</td>
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<td>Community Service</td>
<td>Take Action Projects Ambassador Community Service Bar</td>
<td>National Service Project CIT VIT Girl Scout Gold Awards</td>
</tr>
</tbody>
</table>
Support for Juliettes

Our council provides resources to help with Girl Scout badges, activities, and events, as well as ceremonies and outdoor programs. Resource kits are available to all Girl Scout members and can be checked out on a first come, first served basis.

Girl Scouts - North Carolina Coastal Pines supports our Girl Scout community through local service units, and many of which offer events and activities to the Girl Scouts in their area. Your local membership director can connect you with service unit communication resources such as email lists and social media pages so you can receive information on local events and happenings.

Questions or need further assistance? Contact the Girl Scout - North Carolina Coastal Pines Help Desk at helpdesk@nccoastalpines.org or 800-284-4475.

Checkout current resource kits here, which offer prepared activities for both badge and Journey requirements.
My Juliette Journal

This journal belongs to: ____________________________________________

My Girl Scout contact name and number:

______________________________________________________________

Ideas and interests I want to explore as a Juliette:
1
2
3

What I hope to discover as a Juliette:
1
2
3

Ways I want to connect with my community:
1
2
3

How I hope to make the world a better place:
1
2
3
We look forward to seeing your girl grow as a girl of courage, confidence, and character who makes the world a better place. If you have any additional questions or need any assistance, please contact our Customer Care Center at helpdesk@nccoastalpines.org or 800-284-4475.