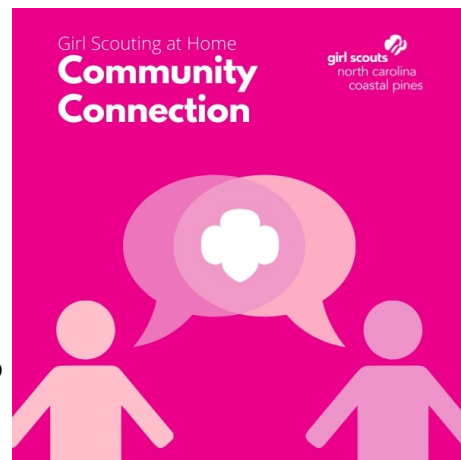


# Community Connection

**Girl Scouts North Carolina Coastal Pines** invites girls, families, and volunteers to stay involved while at home. We know that today's girl is ready to pivot on a moment's notice and is willing to embrace new ways to explore Girl Scouting. That's why we're promoting these options for engaging with us while you're at home today ... or any day!

**COMMUNITY CONNECTION** encourages Girl Scouts to continue to maintain a connection with their community. Each Monday we'll share ways for you to engage with your community by learning about, connecting with, and leaning into the community around you. Join the conversation online.

**#OurGSNCCPCommunity**



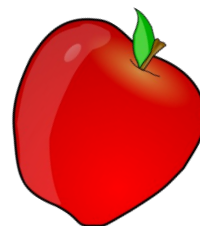
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## Food Scrap Garden

Did you know that you can start your own indoor or outdoor garden with some food scraps, household items, and some patience? You can learn the basics of how to sprout apple seeds below, but check out our [Food Scrap Gardening video](#) for more details and ideas!

### Materials:

- Apple
- Knife (for cutting apple—you may need to ask an adult for this)
- Paper Towel
- Glass of Water
- Resealable Plastic Bag
- Access to a Refrigerator



1. Cut the apple open. You may want to ask an adult to help you with this part. Remove seeds and slice the rest of the apple up for a tasty snack later!
2. Fold up your paper towel so that it's small enough to quickly dunk into the glass of water. Make sure the paper towel is evenly wet, then lay it out on your work surface. Make sure it's large enough to fold in half after the next step.
3. Place your apple seeds separately from one another on the towel, then fold the paper towel over them and slide the paper towel into your plastic bag.
4. Seal the bag and place it in the crisper drawer of the refrigerator.
5. Your seeds should sprout in about a month, but check on them regularly, adding water if the towel dries out.

### Excited for more?

If you liked this activity, check out these badges for nature, gardening, or sustainability activities!

**Daisy:** Eco Learner

**Brownie:** Household Elf

**Junior:** Gardener

**Cadette:** Trees

**Senior:** Locavore

**Ambassador:** Eco Advocate



For more information on badges, check out the online [badge explorer!](#)

Need a copy of a Journey, badge requirements or want to order patches? While our shops are closed, please feel free to [shop online](#), or [email](#) us for merchandise needs. We will provide free shipping within in our council footprint on orders emailed to us (please provide phone number in email so we can call you for payment details).

**Questions?** [programteam@nccoastalpines.org](mailto:programteam@nccoastalpines.org)

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