Girl Scouts North Carolina Coastal Pines invites girls, families, and volunteers to stay involved while at home. We know that today's girl is ready to pivot on a moment's notice and is willing to embrace new ways to explore Girl Scouting. That's why we're promoting these options for engaging with us while you're at home today ... or any day!

COMMUNITY CONNECTION encourages Girl Scouts to continue to maintain a connection with their community. Each Monday we'll share ways for you to engage with your community by learning about, connecting with, and leaning into the community around you. Join the conversation online. **#OurGSNCCPCommunity**



By definition, heritage is often used in reference to a tradition or cultural aspect that has been passed down through generations. For example, you may hear someone reference an area's "rich musical heritage". Heritage can also refer to a person's ethnic or cultural background. Ethnicity is based on traditions, language, nationality or cultural heritage. When you think of your ethnicity, you look beyond your physical characteristics to traits that you share with the culture around you. Explore ethnic heritage and a earn a patch through <u>Girl Scouts-North Carolina Coastal Pines' council patch program</u>.

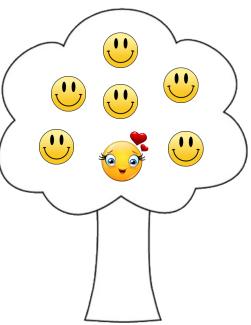


<u>Discovering Hispanic Heritage</u> patch program can be completed by Girl Scout Daisies through Ambassadors. This patch program is designed to help Girl Scouts of all cultures develop an understanding and appreciation of the Hispanic/Latin American culture through Discover, Connect and Take Action.

As part of the patch program, you can learn about Latina heroines by researching their life stories. Consider learning more about these independent, courageous, innovative, and successful Latina women who've helped pave the way for future generations to come.

- Justice Sonia Sotomayor became the first Latina justice (and the third female justice!) to serve on the United States Supreme Court in 2009.
- Sandra Cisneros, a groundbreaker in Chicana Literature, became the first female Mexican-American writer to have her work published by a mainstream publisher. She's best known for her novel, The House on Mango Street, which stems from personal stories of growing up and coming-of-age as a Latina in Chicago.
- Dolores Huerta, a Mexican-American labor leader, co-founded the labor union, United Farm Workers, and advocated for workers', immigrants', and women's rights. ¡Sí, se puede! (Yes, we can!) Want to learn more about the contributions Dolores made to the civil rights era and her fight for farm workers? Check out her documentary now playing at the Lagoon Theatre.
- Ellen Ochoa, the current Director of the Johnson Space Center, was the first Latina woman to go to space (she's logged almost 1,000 hours in space!). In 1993, she served aboard the Space Shuttle Discovery on a nine-day mission to study the Earth's ozone layer.

Heritage can also refer to practices or characteristics that are passed down through the years, from one generation to the next. Researching your family tree would help you gain a sense of your personal heritage. Today there are lots of websites you can visit with an adult to learn more your family tree, but you can also have fun mapping out your family tree on a piece of paper. Begin by drawing a tree trunk toward the bottom of your paper (template provided on the next page). Then draw the outline of the tree's leaves. In the center of the tree's crown (that's the leafy area) draw a picture of you! Next draw a picture around you for each of your family members. But knowing who your family members are is only have the fun! Spend time learning about each person. Record a special detail about them right underneath their picture on the tree. It could be anything from their favorite food to their role model.



Completing this activity accomplishes requirement 3 of the My Family Story badge for Girl Scout Brownies.

Once you get your family members talking, keep the conversation going! Tap into your family stories by asking good questions. Need a little help? Try asking open-ended questions—questions that do not require a yes or no answer.

- What were your favorite subjects in school?
- Who were your best friends when you were younger? Share a favorite memory about your friendship!
- What school activities or sports did you participate in?
- What's your first memory?
- Tell me about your childhood. Share your favorite holiday memory.
- Who were your role models growing up?
- What is your proudest moment.
- What special object like a photograph, piece of jewelry, or book means a lot to our family? Take time to examine the an old photograph or family heirloom with your family member. Learn the story behind these items and their importance. *Completing this activity accomplishes requirement 4 of the My Family Story badge for Girl Scout Brownies.

Consider using the backside of your family tree to capture the answers to these questions so you'll be able to look back on them when you want. As you work through this activity you'll absorb a sense of *your* personal heritage, shaped by the all experiences that make your family unique.

Need a copy of a Journey, badge requirements or want to order patches? While our shops are closed, please feel free to <u>shop online</u> or <u>email</u> us for merchandise needs. We will provide free shipping within in our council footprint on orders emailed to us (please provide phone number in email so we can call you for payment details). Alternately, try our new <u>online order form</u>! In addition to free shipping to our members, our retail shops are now offering curbside pickup on a limited, pre-scheduled basis. Curbside service will be offered on Monday and Wednesdays from 10am-5pm and on Fridays from 10am-3pm.



My Family Tree

