



*juliette*

GUIDEBOOK



## ABOUT THE **JULIETTE PROGRAM**

*The Juliette program is Girl Scouting custom-made for you! It's a great way to mix and match your unique interests with Girl Scout participation – special events, weekend workshops, leadership projects, or travel opportunities that improve your skills and meet your interests and needs.*

*Girl Scout Juliettes are busy, independent, self-confident girls and young women who want to be a part of something larger – Girl Scouts! Meeting in troops is one way to be a part of the Girl Scout experience, but when there aren't available troops in your area, your troop no longer meets, or you become too busy with extracurricular activities or sports, becoming a Juliette will allow you to continue your Girl Scout experience on an individual basis.*

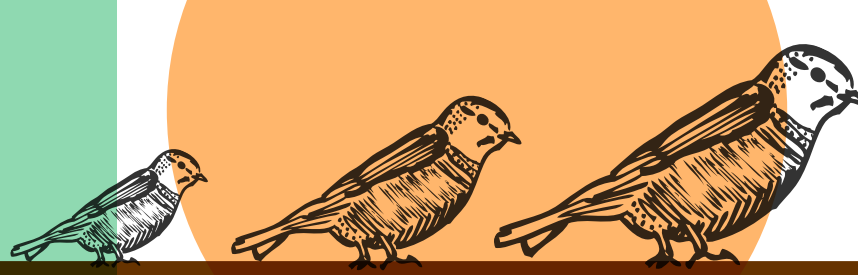
*The Juliette program is available to all girls in Kindergarten through 12th grade. It is especially popular for girls ages 11-17 who love the Girl Scout program but are very busy with other activities.*

*As a Girl Scout Juliette, you can participate in everything that is open to your grade level. You can attend Council-sponsored programs such as events, series opportunities, year-round camp experiences, and travel opportunities. You can also take part in Council-sponsored money earning activities to help pay for Girl Scout events.*

*As a Juliette, you will work on Girl Scout programs with a parent or another adult mentor. You will decide what activities to participate in and which earned recognitions awards you wish to complete. Girl Scout Juliettes can earn the Journey awards and badges as well as the Girl Scout Bronze, Silver, and Gold Awards.*

*Becoming a Girl Scout Juliette can help you continue your own personal leadership adventure!*





## ABOUT Girl Scouts

We're Girl Scouts and we believe in the power of every girl. Founded in 1912, Girl Scouts of the USA is the preeminent leadership development organization for girls. Girl Scouts is 2.8 million strong – 2.8 million girls and adults who believe girls can change the world. It began over 100 years ago with one woman, Juliette Gordon "Daisy" Low, who believed in the power of every girl. Today, Girl Scouts continue her vision of building girls of courage, confidence, and character who make the world a better place by helping them discover their inner strengths, passions, and talents. And with programs and events across our Council and beyond, there's a chance for every girl to do something amazing.

### 3 Keys to Leadership

We are a girl-led, all girl organization focused on three core "keys" to leadership: Discover, Connect, Take Action. Through these three keys, you will:

- **Discover** your special skills and talents, find the confidence to set challenging goals for yourself, and strive to live by your values. This includes being proud of where you came from as well as where you're going.
- **Connect** with others, which means you'll learn how to team up, solve conflicts, and have healthy relationships. These skills help you in school right now and will prepare you for any career you choose in the future.
- **Take Action** to make the world a better place, and learn a lot about your community and the world along the way.

Our goal is to create a society in which every girl has the opportunity to achieve her leadership potential. Our distinguished alumnae are proof of leadership development program! Consider this...

- 80% of women business owners were Girl Scouts.
- 69% of female U.S. Senators and 67% of U.S. Representatives were Girl Scouts.
- Virtually every female astronaut who has flown in outer space was a Girl Scout.

### Girl Scouts Mission

*Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.*

### The Girl Scout Promise

*On my honor, I will try:*

*To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.*

### The Girl Scout Law

*I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout.*





## WHAT PROGRAM LEVEL IS FOR ME?

To ensure the best experience for each Girl Scout, programming is divided by grade level. The Juliette program is available to all girls in Kindergarten through 12th grade.

- d** Girl Scout Daisy .....Grades K-1
- b** Girl Scout Brownie .....Grades 2-3
- j** Girl Scout Junior .....Grades 4-5
- c** Girl Scout Cadette .....Grades 6-8
- s** Girl Scout Senior .....Grades 9-10
- a** Girl Scout Ambassador ...Grades 11-12





## GIRL SCOUT LEADERSHIP EXPERIENCE (GSLE)

The National Leadership Journeys and The Girl's Guide to Girl Scouting are two combined components that make up the Girl Scout Leadership Experience and the National Program Portfolio. Combined with the Cookie Program, travel experiences, and Girl Scout awards, the Girl Scout Leadership Experience is designed to help girls everywhere develop as leaders and build confidence by learning new skills. It also ensures that Girl Scouts at every level are sharing a powerful, national experience—girls together changing the world!

**There are three National Leadership Journeys for every grade level:**

- **It's Your World – Change It!**
- **It's Your Planet – Love It!**
- **It's Your Story – Tell it!**

You can explore any of the age-appropriate Journeys in any order that you choose. Each amazing book has its own set of awards and a corresponding adult guide.

You can work with an adult to determine the format for your Journey. You can decide how long you'd like the Journey to last, what you'd like the Journey to be about, what type of field trips to take, and which experts to add. In this way, each Journey can be as personal, intriguing, and educational as you would like.

**Journeys are ways for you to:**

- **Develop leadership**
- **Explore your interests**
- **Try new things**
- **Meet people**
- **Make your world a better place**

In addition to the Journeys, which help to develop leadership, there are also badges, which help build skills. These badges, along with essential Girl Scout information, are outlined in each age appropriate Girl's Guide to Girl Scouting. This guide is a colorful, easy to use binder that is also specially designed for girls at each age level. It holds a handbook, information on bridging and our highest awards, Girl Scout history, tradition, and much more! It also helps girls tie their badges and Journeys together to create an amazing experience!

## MEMBERSHIP *dues*

Girl Scouts of the USA (GSUSA), our national organization, requires a \$25 nonrefundable annual fee to register as a girl or adult member. This payment goes directly to GSUSA headquarters in New York to provide program development and Council support services. Registered members are covered by GSUSA's accident insurance when participating in Girl Scout activities. Parents, guardians, and other adults are also invited to become members of the Girl Scout movement.



## FINANCIAL *assistance*

Financial Assistance is available to girls to supplement the cost of membership dues. Girl Scout Juliettes can also apply for Wider Opportunity Grants which help offset fees for Council-sponsored events including travel and summer camp opportunities. Visit our website for more information about available financial assistance for your Girl Scout experience.





## product *programs*

Girl Scouts – North Carolina Coastal Pines offers two annual product sale programs; our Fall Product Sale and our Cookie Sale. Girl Scout Juliettes can participate in both programs to earn money for their activities. Proceeds earned through the product programs can offset either all, or a large part of the cost of Girl Scout activities (and relieve parents of this obligation, too)!

Funds earned during these programs are held by the Council for each individual girl. You may contact the Council when you are ready to take a trip, attend an event or are working on your Girl Scout Bronze, Silver or Gold awards.

Product programs support activities, and they help to support the overall operation of each local Girl Scout Council. Properties, equipment, adult training, program activities, insurance, and administrative support to volunteers are all important parts of the Girl Scout program and are funded in part by the product programs.

Girl Scout Juliettes have two options for participating in our product sale programs. You can participate selling alone or if you have a connection with a local troop, you can request to participate as a troop member throughout the product sale.

Before participating in our product sales Program, all Girl Scouts must submit the current year's signed Permission and Responsibility Form to the Product Sales Department. For additional details please contact Council's Product Sales Department.

## 5 Skills for Girls

***The Girl Scout Product Programs teach girls about goal setting, decision making, money management, people skills and business ethics.***



## SHOP

The Council Shops offer the latest casual wear, uniform components, accessories, memorabilia, and books for girls and adults. The Journey books and badges can be found in our shops, too. Visit one of our four shops to find the right gift, or give a gift certificate to another Girl Scout. Shop online anytime at [www.nccoastalpines.org](http://www.nccoastalpines.org).

## UNIFORMS & INSIGNIA

The Girl Scout uniform is optional; a girl doesn't need to have a uniform to be a member of Girl Scouts – North Carolina Coastal Pines. Uniforms are available for purchase at our Council Shops or at GSUSA approved equipment agencies. You can find information explaining the uniform and where to place insignia in The Girl's Guide to Girl Scouting. While there are many parts to the uniform, you can just wear the sash, vest, or tunic over regular clothing.





## Product Program Guidelines:

We welcome and encourage Juliettes to participate in the Council's annual Fall Product and Cookie Sale programs. Before participating, you will need to submit the current year's signed Permission and Responsibility Form to the Product Sales Department and must be a registered Girl Scout for the current membership year. There are two ways for Juliettes to participate:

### Option 1 – Participating as an Individual Girl Scout

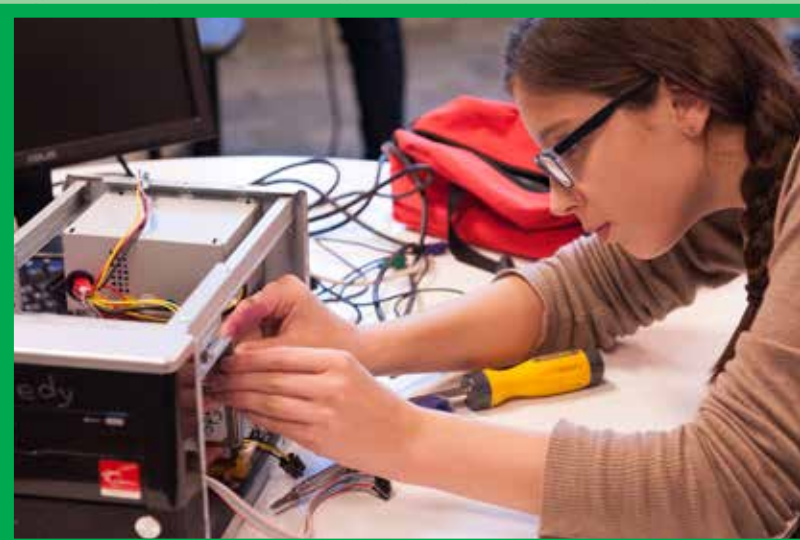
- The Girl Scout Juliette's guardian will need to notify the Product Sales Department for participation in the Cookie Sale Program as an independent Girl Scout. The Product Sales Department will provide training, materials and program information.

#### How it works:

- Juliette's parent or guardian will place fall product and cookie order(s) directly with the Product Sales Department.
- Cookie orders must be in full case (12 boxes of the same variety) increments. A check or money order payable to Girl Scouts – NCCP for 50% of these orders is due to the Product Sales Department by the given deadline. Full payment for all cookies received by the Girl Scout is due to the Raleigh Service Center by the end of the sale. (Given deadline in March).
- The Product Sales Department will make arrangements for the parent or guardian to pick up orders placed after the initial order on an as-needed basis depending on the Girl Scout's location. Every effort will be made to select the closest possible location for the pick up.
- Juliettes will earn recognitions, patches, and rewards such as the Superstar Destinations and Cookie Dough.
- Juliettes cannot retain proceeds for cookie sales but will receive a Cookie Dough card to assist in paying for Council-sponsored events, resident camp, day camp or destinations (contingent upon application and selection). Cookie Dough may also be used in Council shops.

### Option 2 – Partner with a Girl Scout Troop

If a Juliette has a connection with a local Girl Scout troop, she can request to participate as a troop member throughout the Product Sales program. If the troop agrees, she would participate and follow the guidelines of the troop – i.e. be trained by the Product Sales Manager, turn in a signed Permission and Responsibility Form before selling, and pay the troop for cookies by the specified deadlines. All proceeds from the Juliette's product sales would be retained by the troop. The troop and the Girl Scout should decide before she begins selling products if and how the Girl Scout will participate in trips or events paid for with proceeds. The Girl Scout will not be automatically included in such trips or events; a decision to include her would depend on the individual circumstances of the troop. We encourage troops to do everything possible to include a Girl Scout Juliette in activities since her sales helped make the trip/event possible. The troop can also work with the Juliette to provide funds for an event or project that the Girl Scout chooses. For example, if the Girl Scout wants to go on the Council's Savannah trip, the troop could pay a portion of her registration fee.



## COUNCIL SPONSORED programs & activities

Today, Girl Scouts offer a wide range of programming – everything from STEM (Science, Technology, Engineering and Math) to life skills activities to exploring the outdoors. Girl Scouts is committed to pursuing its mission through its programming, offering an astounding array of innovative, fun, and memorable activities.

Council-sponsored activities are designed to enhance the Girl Scout experience and are developed for specific grade levels. We offer so many ways for you to explore your current interests, and help you discover more! Visit our online event calendar for details about all the cool programs and events available to you this year.

### OPPORTUNITIES FOR GIRL SCOUTS:

Life Skills  
Science + Technology  
Sports + Health + Fitness  
Camp  
Culture + the Arts  
Outdoors + Road Trips  
Leadership Opportunities  
Awards and Recognitions



# Girl Scouting's Highest AWARDS



**The Golden Eagle of Merit**, the highest award in Girl Scouting from 1916 to 1919, marked the beginning of a long tradition of using prestigious awards to recognize girls who make a difference in their communities and in their own lives. In 1980, Girl Scouts introduced the Girl Scout Gold Award, its highest honor earned by Girl Scout Seniors and Ambassadors, along with the Girl Scout Silver Award earned by Girl Scout Cadettes, and the Girl Scout Bronze Award earned by Girl Scout Juniors. Today these three awards are the highest of the Girl Scout experience.

**The Bronze Award** recognizes that a Girl Scout Junior has gained the leadership and planning skills required to follow through with a project that makes a positive difference in her community. Girls earn the Bronze Award by completing a Junior Journey, and then creating a Take Action project based on their observations of a local issue. As the girls pursue their project, they put the Girl Scout Promise and Law into action. They also develop an understanding of sustainability and gain an understanding of the wider world by discussing how others may experience the same problem that their project helped resolve. After a Girl Scout completes a Junior journey, the suggested minimum time commitment is 20 hours for each girl to build their team, explore their community, choose and plan their project, put their plan in motion, and spread the word to educate and inspire others.

**The Silver Award** symbolizes a Girl Scout Cadette's accomplishments in Girl Scouting and community activities as she matures and works to better her life and the lives of others. To earn this award, a Girl Scout needs to complete a Cadette Journey

and create a Take Action project that improves their neighborhood or local community. After girls complete the Cadette Journey, the suggested minimum time for earning their Girl Scout Silver Award is 50 hours. Girls earn the award by focusing on an issue they care about; building a team; exploring their community; picking, planning, and putting their Take Action project into action; demonstrating an understanding of sustainability and the wider world; and sharing what they have learned with others.

**The Gold Award**, the highest award in Girl Scouts, focuses on Senior and Ambassador's interests and personal journey through leadership skills and service. The Gold Award requirements were updated in the fall of 2010. Fulfilling the requirements for the Girl Scout Gold Award starts with completing two Senior or Ambassador Journeys, or having earned the Silver Award and completing one Senior or Ambassador Journey. Each Journey you complete gives you the skills you need to plan and implement your Take Action project. After you have fulfilled the Journeys requirement, 80 hours is the suggested minimum to take the steps necessary to achieve your goal.

This prestigious award is definitely a plus when applying to colleges and financial scholarships. A Girl Scout who has earned her Gold Award automatically rises one rank in any of the U.S. military branches.

The Council holds informational workshops for all of these awards. You may visit our website for more information and to view current workshops.

## Get Out & Camp

Girl Scouts – North Carolina Coastal Pines offers various types of organized camping opportunities: day camp, summer resident camp, and troop camp. We operate three beautiful resident camps which offer a wide variety of programs:

- Camp Graham is located on Kerr Lake in Vance County and offers swimming, canoeing, kayaking, sailing, sports, archery, offsite horseback riding, crafts, and treehouses! Group camp is designed for girls and adults to attend camp as a unit, while resident camp offers a more independent camping atmosphere for individual girls.
- Camp Hardee is just southeast of Washington, N.C., on the south side of the Pamlico River and consists of 95 acres with river frontage, woodlands, and open space. Individual campers enjoy archery, crafts, swimming in the pool, canoeing, sailing, and kayaking, among other favorite camp activities.
- Camp Mary Atkinson is in the heart of Johnston County and offers outdoor-living skills, the challenge-by-choice Alpine Tower, canoeing, swimming in our zero entry pool, horseback riding, archery, sports, drama, and crafts. Campers also enjoy the 16,000-square-foot Leadership Center.





# PARENT INFORMATION

## *As a Girl Scout, your girl will:*

- Experience a sense of belonging by being a member of the world's largest organization for girls.
- Have fun with a purpose.
- Prepare for her future through career explorations, community service, and skill building.
- Develop leadership skills and self-awareness while building confidence and self-esteem.
- Participate in educationally sound and challenging projects.
- Voice what's important to her.
- Gain an understanding and appreciation of many people and cultures.
- Strengthen her understanding of herself and the world around her through the Girl Scout Promise and Law.



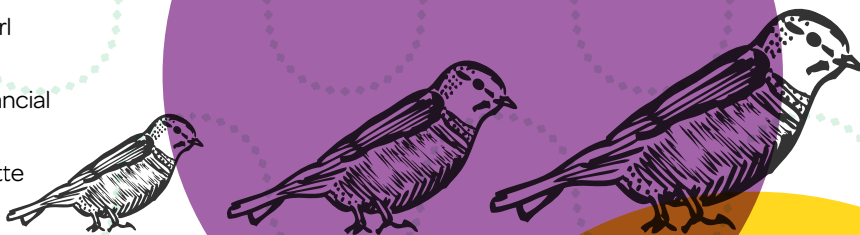
## YOUR ROLE

Join your daughter and share in the fun of the Girl Scout Leadership Experience! Your involvement will help shape your Girl Scout Juliette's experience. She'll see your commitment to her growth and before you know it, you'll be growing, too.

### *As a parent/guardian, you:*

- Sign the girl membership form and pay the annual \$25 national membership dues. This membership fee provides insurance coverage when she is involved in Girl Scout activities.
- Sign parent/guardian permission slips for events, and make sure any necessary forms (health history, etc.) are turned in.
- See that your daughter arrives and is picked up on time for Girl Scout activities.
- Provide funds for special events and activities or request financial assistance from the Council.
- Support your daughter's commitment to the Girl Scout Juliette program.
- Help your daughter participate in Girl Scout Product Programs by following safety guidelines and helping her check over her orders.

DISCOVER +  
CONNECT +  
TAKE ACTION =  
**Leadership**



# MY *JULIETTE* JOURNAL

**This journal belongs to:** \_\_\_\_\_

**My Girl Scout contact name and number:**

\_\_\_\_\_  
\_\_\_\_\_

**Ideas and Interests I want to explore as a Juliette:**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

**What I hope to discover as a Juliette:**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

**Ways I want to connect with my community:**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_

**How I hope to make the world a better place:**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_





**My Juliette Story**

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[www.nccoastalpines.org](http://www.nccoastalpines.org)  
800.284.4475

## COUNCIL SERVICE CENTERS AND SHOPS

Corporate Office & Raleigh  
Service Center  
6901 Pinecrest Road  
Raleigh, NC 27613

Fayetteville Service Center  
894 Elm Street, Suites B & C  
Fayetteville, NC 28303

Goldsboro Service Center  
108 E. Lockhaven Drive  
Goldsboro, NC 27534

Wilmington Service Center  
2250 Shipyard Blvd. Ste. 3  
Wilmington, NC 28403