



Girl Scouts - North Carolina Coastal Pines  
6901 Pinecrest Road  
Raleigh, NC 27613  
(919) 782-3021, (800) 284-4475  
[www.nccoastalpines.org](http://www.nccoastalpines.org)



# Exploring North Carolina

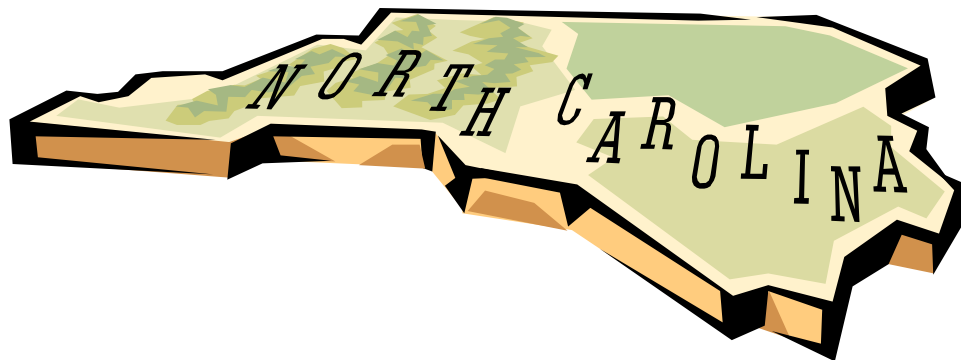


**For:** Girl Scout Brownies, Juniors, Cadettes, Seniors, and Ambassadors

**Cost:** \$2.00 each, plus tax

**Purpose:** By completing this patch program, Girl Scouts will gain a better understanding of the different regions in the state of North Carolina and all they have to offer.

**Requirements:** Girl Scout Brownies do two activities from each region and visit one historical site from any region.  
Girl Scout Juniors do three activities from each region and visit one historical site from any region.  
Girl Scout Cadettes, Seniors, and Ambassadors do four activities from each region and visit at least one historical site from any region.



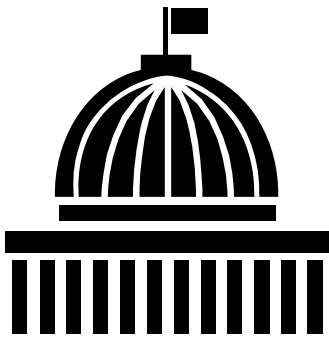
# Activities

## Coastal Plains Region

1. **Visit a Site:** Plan a trip either to the Lost Colony play, to the Wright Brothers National Memorial, or to the Hope Plantation.
2. **Get Lost:** Learn about the story of the Lost Colony. Discuss what you think happened to the settlers.
3. **Lighthouses:** Learn about the history of lighthouses.
4. **Animals:** Learn about the different sea animals on the North Carolina coast.
5. **Field Trip:** Plan a trip either to Cape Hatteras Lighthouse, to the North Carolina Aquarium, or to the Battleship North Carolina. Write a letter to the place you intend to visit for information.



## Piedmont Region



1. **Visit Raleigh:** Plan a trip to Raleigh.
  - a. Go to the capital.
  - b. Visit either the NC Museum of History (free) OR the NC Museum of Art (free).
2. **Visit Winston-Salem:** Plan a trip to Winston-Salem.
  - a. Visit Old Salem – go back to the early 1800's.
  - b. Visit the Museum of Anthropology – explores cultures past and present of Native people.
  - c. Visit sci-works solar system at our state-of-the-art planetarium – has animals on a 15-acre environmental park.
  - d. See hands-on exhibits.
3. **Make Candy:** Learn how to make candies. Look up a book in the library and be imaginative. Or learn how to make butter.
4. **Represent:** Write a letter to the State capital asking what it takes to become a state representative.
5. **Go to School:** Visit one of the universities in the Research Triangle Area or request information on the various schools.

## Mountain Region

1. **See Biltmore:** Visit the Biltmore Estate or study and research the Biltmore Estate.  
Questions:
  - a. Who built it? Who is the founder?
  - b. How old is it?
  - c. Who was the first owner?
  - d. Why is it called the Biltmore?
  - e. How many rooms/how big is it?
  - f. Were there any additions to the original building?
  - g. Any other questions you think are important?
2. **Native Inhabitants:** Study a mountain region Indian tribe. Find out where reservations are, how many are left today, and some of their traditions and customs. Also, find out some things on their background (where they came from, etc.).
3. **Dream Big:** Find out how to make a dream catcher. Find out the legend behind it and discuss with your group/troop what it still means to you today.
4. **Lifestyle:** Put together an educational play on the battles, music, and/or everyday living of the Cherokee Indians. Perform the play for a younger group of children.
5. **Play:** Attend an outdoor drama performed in the mountain region or about something in the region.



# Patch Order Form

## EXPLORING NORTH CAROLINA A Girl Scout Patch Program



Please send me \_\_\_\_\_ of the "Exploring North Carolina" patches.

Troop # \_\_\_\_\_ Grade Level \_\_\_\_\_

Total # of patches \_\_\_\_\_ x \$2.00 = \_\_\_\_\_

NC Sales Tax (6.75% of subtotal) = \_\_\_\_\_

Shipping and Handling = \_\_\_\_\_

(see chart below)

Total Amount Enclosed = \_\_\_\_\_

Patches are available at the Fayetteville, Goldsboro, and Raleigh Council Shops. Mail and phone orders are also accepted. For Mail Orders, send order form with check to:

Girl Scouts - North Carolina Coastal Pines  
6901 Pinecrest Road  
Raleigh, NC 27613  
Attn: Council Shop

Make checks payable to: Girl Scouts – North Carolina Coastal Pines

### Mail patches to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Zip \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_



### Shipping & Handling Charges

Purchase Amount	Shipping Charge	Purchase Amount	Shipping Charge
Up to \$25.00	\$ 5.95	\$100.01 to \$200.00	\$ 14.95
\$25.01 to \$50.00	\$ 7.95	\$200.01 to \$300.00	\$ 20.95
\$50.01 to \$75.00	\$ 9.95	\$300.01 to \$500.00	\$ 25.95
\$75.01 to \$100.00	\$ 11.95	Over \$500.00	\$ 45.95

## EXPLORING NORTH CAROLINA PATCH PROGRAM EVALUATION

Please work with the girls who worked on this patch program to complete this evaluation form. Your comments are invaluable to Girl Scouts - North Carolina Coastal Pines. Thank you for taking the time to fill out this form. As the girls vote and give input, please record their feedback as indicated.

<p><b>Tell us About You:</b> Please place a check next to which best describes your nationality:</p> <p> <input type="checkbox"/> African-American                      <input type="checkbox"/> White  <input type="checkbox"/> American Indian or Alaskan native   <input type="checkbox"/> Other  <input type="checkbox"/> Asian or Pacific Islander              <input type="checkbox"/> Hispanic;  <span style="margin-left: 200px;">(regardless of race)</span> </p>	<p>Place the number of girls and adults who worked on this patch program on the appropriate line:</p> <p> <input type="checkbox"/> Brownie                      <input type="checkbox"/> Junior  <input type="checkbox"/> Cadette                         <input type="checkbox"/> Senior  <input type="checkbox"/> Ambassador                 <input type="checkbox"/> Adult         </p>
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**Tell us about the patch program:**

*Please check the response that best describes what you think.*

	Strongly Agree	Agree	Uncertain	Disagree	Strongly Disagree
The topic and activities in this patch program were interesting to me:					
The activities in this patch program made me think about things I never thought about before:					
The patch program helped me better understand the different regions within North Carolina:					

**What else do you think?**

*Please complete the following questions.*

What did you really like about this patch program? \_\_\_\_\_

What did you not like about this patch program? \_\_\_\_\_

What could be added or changed to make this patch program better? \_\_\_\_\_

Other comments? \_\_\_\_\_

**What did you do?**

Please check the activities you used from this patch program, and then rate each activity by circling the number that reflects how you feel.

		<b>RATING SCALE</b>				
<b>Completed?</b>	<b>ACTIVITY</b>	1 (did not like) to 5 (Great!)				
_____	Visit a Site	1	2	3	4	5
_____	Get Lost	1	2	3	4	5
_____	Lighthouses	1	2	3	4	5
_____	Animals	1	2	3	4	5
_____	Field Trip	1	2	3	4	5
_____	Visit Raleigh	1	2	3	4	5
_____	Visit Winston-Salem	1	2	3	4	5
_____	Make Candy	1	2	3	4	5
_____	Represent	1	2	3	4	5
_____	Go to School	1	2	3	4	5
_____	See Biltmore	1	2	3	4	5
_____	Native Inhabitants	1	2	3	4	5
_____	Dream Big	1	2	3	4	5
_____	Lifestyle	1	2	3	4	5
_____	Play	1	2	3	4	5

Please return this evaluation to the Raleigh Service Center,  
Attn: Program Director – Patch Programs, 6901 Pinecrest  
Road, Raleigh, NC 27613.