



Girl Scouts – North Carolina Coastal Pines
P.O. Box 91649
Raleigh, NC 27675-1649
1-800-284-4475; 919-782-3021



American Indians in North Carolina

A Girl Scout
Patch Program
For
Girl Scout Brownies, Juniors, Cadettes, Seniors, and
Ambassadors



American Indians In North Carolina

Long before European settlers came to North Carolina, the area was inhabited by native people. The American Indians of North Carolina have a colorful and interesting history. The purpose of this patch program is to learn more about the history of the American Indians of North Carolina.

Activities:

Girl Scout Brownies must complete 4 of the activities.

Girl Scout Juniors must complete 6 of the activities.

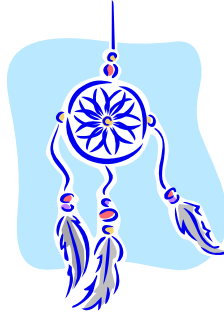
Girl Scout Cadettes, Seniors, and Ambassadors must complete 2 skill builder activities, 1 technology activity, 1 career exploration activity, 1 service project, and 2 activities from any of the categories.

Written by Elaine Waters, Leader of Girl Scout Troop #184, Wake County Area 22, Service Unit #237.

Adapted from Indian Lore Junior Badge, Peacepipe Council, Redwood Falls, MN; Understanding the Native American IPA; Girl Scout Council of Orange County, Costa Mesa, CA; and the Native American Awareness IPA, Girl Scouts of Beaver and Lawrence Counties, Beaver, PA

Skill Builders

1. Name five (5) American Indian tribes still living in North Carolina. Name at least two (2) tribes that lived here in the past.
2. Choose a tribe and learn some of the following:
 - a. What its name means?
 - b. Where the tribe was/is located?
 - c. How did they dress?
 - d. What did they eat?
 - e. Is the tribe still in existence? If not, what happened to it?
3. On a map of North Carolina, show where Indian tribes lived in the past throughout the state and where tribes live today.
4. Find five (5) North Carolina places that have Indian names.
5. Learn the following: (Hint: visit <http://www.archaeology.ncdcr.gov/>)
 - a. The eight (8) state-recognized tribes
 - b. The only federally-recognized tribe in North Carolina
 - c. When is North Carolina Indian Heritage Month
6. The American Indians introduced many new things to the white settlers. Learn what some of these things are and name three of these things you enjoy today.
7. Take a trip to a museum or place of historical interest to learn about American Indians of North Carolina.
8. Invite a member of an American Indian tribe to visit your troop. Have them tell you about their tribe, their tribal government, what their traditions are, etc.
9. Many American Indians have contributed and continue to contribute to our society. Learn about an American Indian and his/her contributions and his/her background.
10. Learn about the "Trail of Tears".



Technology – Search the Internet

- 1.** Find out about tribal ceremonies. Choose a ceremony and learn about its significance, what special costumes were worn, what dances were performed. Perform the ceremony for your troop. Make your costume.
- 2.** American Indians are known for creation of multiple different games. Many of these games had a specific purpose. Learn two (2) games and their significance or history. Play these games with your troop. If there is equipment needed for the game, make it.
- 3.** Find out about American Indian crafts such as pottery, weaving, beading, painting, leather work or basketry. Make a project from one of these art forms.
- 4.** Learn what American Indians from North Carolina ate. How many of these foods do you eat today? Prepare an American Indian dish to share with your troop.
- 5.** American Indian stories and legends were preserved by story tellers. Learn an American Indian story or legend and tell it to your troop.
- 6.** Learn an American Indian dance and perform it for your troop.
- 7.** Music and musical instruments are important to American Indian culture. Research the different types of instruments they used and try to make it.
- 8.** Name the only American Indian Tribe to have a written alphabet. Learn about the alphabet and language. Write your name in the alphabet.

Service Projects

1. Develop a display about North Carolina American Indian history for your school or local library.
2. Perform a service project for a local American Indian tribe.
3. Help develop a hands-on activity for a historical museum that interprets the daily lives and times of American Indians.
4. Share what you have learned with another Girl Scout troop.
5. Visit your local museum or library. Develop a plan for raising public awareness about issues affecting American Indians. Present your ideas in a public forum.

Career Exploration

1. Interview someone who works in a field that deals with American Indian history, like a librarian, historian, author, or teacher.
2. Investigate at least three different American Indian history courses in local colleges or universities. What do these courses include and to which possible career options do they lead. If possible, interview someone who is a student in one of these programs.
3. Contact your local historical society or the North Carolina Commission of Indian Affairs and ask about what kinds of jobs are available. What education or training is required for these positions?
4. Interview a modern day American Indian or a member of a re-enactment group. Find out about their heritage, career goals, and job opportunities.
5. Visit an exhibit on American Indian life at a history museum. Find out what is involved in being a curator of items used in daily life, traditional and ceremonial dress, dwellings, etc.

Resources

Websites

<http://teacher.scholastic.com/lessonrepro/lessonplans/ect/nativegames.htm>
<http://www.americanpentimento.com/crafts.htm>
<http://www.nativestock.com/>
<http://www.nativeculture.com/lisamitten/music.html>
<http://www.sequoyahmuseum.org/CherokeeSyllabary.html>
<http://www.lumbeeindians.net>
<http://www.cherokee-nc.com>
<http://marilee.us/nativeamericans.html>
<http://www.history.ncdcr.gov/>

Books

Peterson, David, *Sequoyah, Father of the Cherokee Alphabet*, Children's Press, Chicago (1991)

Klausner, Janet, *Sequoyah's Gift*, Harper Collins, New York (1993)

Stein, R. Conrad, *The Trail of Tears*, Children's Press, Chicago (1985)

Day, Jean, *Carolina Indians*, Golden Age Press, Newport, NC (1998)

Dial, Adolph L., *The Lumbee*, Chelsea House Publishers, New York (1993)

Perdue, Theda, *Indians of North America – The Cherokee*, Chelsea House Publishers, New York (1989)

Merrill, James H., *Indians of North America – The Catawbas*, Chelsea House Publishers, New York (1989)

Duvall, Jill D., *The Tuscarora*, Children's Press, Chicago (1991)

Lepthien, Emilie U., *The Cherokee*, Children's Press, Chicago (1985)

Living Stores of the Cherokee, collected and edited by Barbara R. Duncan, The University of North Carolina Press (1998)

Lossiah, Lyman King, *The Secrets and Mysteries of the Cherokee Little People*, Cherokee Publications, Cherokee, NC (1998)

Places to Visit

Town Creek Indian Mound, Mt. Gilead, NC <http://nchistoricsites.org/town/town.htm>

The Museum of the Native American Resource Center at The University of North Carolina at Pembroke, Pembroke, NC <http://www.uncp.edu/nativemuseum>

Frisco Native American Museum and Natural History Center, Hatteras Island, NC
<http://nativeamericanmuseum.org>

Museum of the Cherokee Indian, Cherokee, NC <http://www.cherokeemuseum.org>

Rankin Museum of American and Natural History, Ellerbe, NC <http://www.rankinmuseum.com>

North Carolina Museum of History, Raleigh, NC <http://ncmuseumofhistory.org>

North Carolina Museum of Art, Raleigh, NC <http://www.ncartmuseum.org>

Fort Raleigh National Historic Site, Manteo, NC <http://www.nps.gov/fora/raleigh.htm>

Unto These Hills, Outdoor Drama, Cherokee, NC <http://www.untothesehills.com>

The Lost Colony, Manteo, NC <http://www.thelostcolony.org>

Strike at the Wind, Pembroke, NC <http://www.strikeatthewind.com>

Oconaluftee Indian Village, Cherokee, NC <http://www.oconalufteevillage.com>

American Indians in North Carolina Patch Program Evaluation

Please have each girl who worked on this patch program complete this evaluation form. Your comments are invaluable to Girl Scouts – North Carolina Coastal Pines. Thank you for taking the time to fill out this form.

<p>Tell us about you: Please place a check next to which best describes your nationality:</p> <p><input type="checkbox"/> African-American <input type="checkbox"/> White <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Other <input type="checkbox"/> Asian or Pacific Islander <input type="checkbox"/> Hispanic (regardless of race)</p>	<p>Place the number of girls and adults who worked on this patch program on the appropriate line:</p> <p><input type="checkbox"/> Girl Scout Brownies <input type="checkbox"/> Girl Scout Juniors <input type="checkbox"/> Girl Scout Cadettes <input type="checkbox"/> Girl Scout Seniors <input type="checkbox"/> Girl Scout Ambassadors <input type="checkbox"/> Adult</p>
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Tell us about the patch program:

Please check the response that best describes what you think.

	Strongly Agree	Agree	Uncertain	Disagree	Strongly Disagree
The topic and activities in this patch program were interesting to me.					
The activities in this patch program gave me the opportunity to learn more about American Indian tribes in North Carolina.					
The patch program taught me about the contributions that American Indians have made in American life.					

What else do you think?

Please complete the following questions.

What did you really like about this patch program?

What did you not like about this patch program?

What could be added or changed to make this patch program better?

Other Comments?

Please return to the Raleigh Service Center, Attn: Director of Younger Girl Program,
P.O. Box 91649, Raleigh, NC 27675-1649

**AMERICAN INDIANS IN NORTH CAROLINA PATCH PROGRAM:
PATCH ORDER FORM**

Please send me _____ of the "North Carolina American Indian" patches.

Troop # _____ Grade Level _____

Total # of Patches _____ x \$1.30 = _____

NC Sales Tax (7.75% of subtotal) = _____

Shipping and Handling = _____
(see chart below)

Total Amount Enclosed = _____

Patches are available at the Fayetteville, Goldsboro, and Raleigh Council Shops. Mail and phone orders are also accepted. For Mail Orders, send order form with check to:

Girl Scouts - North Carolina Coastal Pines
P.O. Box 91649
Raleigh, NC 27675-1649
Attn: Council Shop

Make checks payable to: Girl Scouts – North Carolina Coastal Pines



Mail patches to:

Name: _____

Address: _____

_____ Zip _____

Phone: (H) _____ (W) _____

Shipping & Handling Charges

Purchase Amount	Shipping Charge	Purchase Amount	Shipping Charge
Up to \$25.00	\$ 5.95	\$100.01 to \$150.00	\$ 13.95
\$25.01 to \$50.00	\$ 7.95	\$150.01 to \$200.00	\$ 14.95
\$50.01 to \$75.00	\$ 9.95	\$200.01 to \$250.00	\$ 20.95
\$75.01 to \$100.00	\$ 11.95	Over \$250.00	\$ 25.00